

WYACHESLAV SHPACHENKO



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not for primitive

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This book is autobiographical, my reflections on the facts that we all have before our eyes and which can be interpreted in any way, and I consider them in my own way.

I dedicate my book to my dear, beloved, and loving wife, Raininka, whom GOD has given me due to his generosity. And for my wife, and for all that GOD has given and bestowed on me, I continually thank Him for how much HE will allow me to do so.

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SELF-PRESENTATION.

Everyone comes to this world alone and leaves it, more often, in the same way. Everybody gains life experience in the process of life and have their own point of view and their worldview. From personal experience, people know that there are blind, deaf and dumb, genetically affected people or those who have received complications during childbirth, as well as from various infections. That is, many people are damaged by various complications of life and all are forced to adapt and survive. None of the born people planned their birth and received life as a gift from above, and therefore many people do not appreciate what they received “for nothing” and therefore are very ungrateful to their life. There are many who simply scoff at themselves and those who love themselves.

We all live for the first time (at least in our bodies) and therefore everyone does mistakes. The main thing is that you can have time to fix the errors. Almost everyone agrees that everyone has a guardian angel and therefore simply use their life without proper appreciation of everything they have. Everyone knows that wisdom comes with age, but only for abusers of alcohol, age comes alone and everyone understands why: because they destroy the place where wisdom is born.

The LORD has given me, as I think, enough intelligence and ability. I studied well and therefore I could not imagine my future without higher education. I must say that in the past, as now, there were constant reforms in education and while still studying at school, I learned that in the year of my graduation, in 1966 there would be a double graduation and along with me students of the 10th and 11th grade will receive a certificate of maturity. Thus, there would be a double increase in applicants for all universities of the Soviet Union. Of course, I was not happy

with this prospect, and in order to increase my chances of entering a university, I decided to acquire working experience that would save me from the competition. Because, applicants with a working experience of two years, after passing the entrance exam, even for "satisfactory", became university students out of competition. Such were the benefits to workers in the Soviet Union. Therefore, in 1964, I went to evening school and went to work as a repairman of the Southern Railway NOD-5. I was not even 16 years old, so the working day for a whole month was shorter by two hours, and when I was 16 years old, the working day was one hour less than of adults.

Adult life has its own features and temptations. The welder Vova entered the workshop where I was repairing some kind of pump, it was clear that he was slightly drunk and said that there was a wagon with Moldovan wine on the tracks next to the workshop and offered to go drink a glass of three kopecks each. At that time, three kopecks was worth a glass of sparkling water with syrup. I had no experience on drinking alcohol, I quickly got drunk and the master, seeing my condition, immediately sent me home. On the way home, I had to go along the railway tracks, but I wanted to sleep and I lay down between the rail tracks and laid my head on one of them. I don't know what lifted me from the rail, probably the steam engine whistled, rumbled, but something put me on my feet, I took two steps and the "Sergo Ordzhonikidze" train flew before me - a large steam engine, blowing me with steam from the pipes of the engine and the swear words from driver's window. I quickly sobered up, got to the house where I felt very bad and I vomited everything I had drunk and even more than that.

I had enough experience of this aversion to alcohol before entrance examinations at the medical institute.

It is the deterioration of health after the consumption of alcohol that directly proves the harm of alcohol to all living things. But if a person agrees to this harm, for the sake of pleasure, then there is no point in explaining to such people the harm of alcohol. They do not hear these explanations, as well as do not want to hear and know about this harm.

At the entrance examinations to the medical institute, having a “margin of safety” due to my working experience, I felt quite confident and when writing an essay at the entrance examinations to the medical institute, I chose the topic: “MY BELOVED”¹, but for some reason did not develop the analysis of the famous novel of the same name about a lieutenant colonel of a medical service, and decided to write about Lenin. Perhaps it was a subconscious trick when I sincerely described my admiration for Lenin’s wisdom and his concern for people, as all Soviet people were inspired in “that” time. I even took an epigraph from a poem by V.V. Mayakovsky²: “Yes, even if I were a black man of advanced years, and without despondency and laziness, I would have learned Russian only because Lenin spoke it!”

Only much later I learnt that Lenin had quaternary syphilis, with the development of progressive paralysis with dementia and mental disorders inherent in this disease, and signed blank sheets of paper to shoot people, demanding “executions and executions”. But then, under the influence of propaganda, I sincerely admired the leader of the revolution. At that time, time of the dictate of the Communist Party, one would not put a bad mark for such an essay.

Those who checked my essay could only trace my punctuation marks. To say briefly, four points gave admission to

further exams. Then there were exams in physics and chemistry. I relied more on physics than chemistry, but it turned out the other way around: physics - four, and chemistry - five.

I did not need my work experience to enter the medical institute, but I still did not know where it would be useful to me.

By the way, I could go in the direction of the locomotive depot to the Institute of Transport Engineers without exams in general, but something directed my life differently. Not every doctor understands that doctors choose their profession not by chance. Behind this is the supreme plan: through whom to provide assistance – the LORD does not come to anyone PERSONALLY. Salvation comes to people through interaction with someone and as it is written in the Bible: “Give a place to a doctor in your life, for the LORD created the doctor and thanks to the doctor there is success.”

I studied, as always, in good faith and after the first semester, and all the time I had studied at the medical institute, there was only an increased scholarship. After the first semester, I became the champion of the Spartak Sambo Society among juniors in weight up to 57 kg.

During the winter holidays, I was influenced by others, drank alcohol and, due to my inadequate behavior, ended up in fish tank - pre-trial detention cell. Somewhere on the third day of my stay in the fish tank, a criminal person was introduced into my cell, who said that he had been taken “on hot scents” for robbing a trading stall and demanding that I report to him how I ended up in this camera? After my report, he informed me that under article 206 (hooliganism) I would be sentenced to three to five years, and for beating the police and combatants another five years under article 188 of the Code of Criminal Procedure of

Ukraine. Then he said: "That's it, you are no longer a student and instead of studying at the institute you will study life in the camps. But I give you the nickname - "student." Then he warned me that in the camps, such convicts as I would enjoy respect for resistance to the authorities. I must say that this prospect did not calm me down.

The past cannot be returned or changed. Only the future can be changed. It's good when you have a father who loves you. My father took my gradebook with my excellent marks for exams and went to the secretary of the District Committee of the Party.

According to the charter of the Communist Party of the USSR, each Secretary of the District Committee shall accept ordinary members of the party. My father was an ordinary member of the party and was adopted by the First Secretary of the District Committee, to whom my father showed my record book, told how I worked diligently in production, earning the opportunity to go to medical school. I must say, I learned about this later that the daughter of the First Secretary of the District Committee also entered the medical institute, probably this also mattered. By the way, I met her later - a beautiful long-legged photomodel.

The Secretary of the District Committee advised my father to go to the production where I had worked before entering the medical institute, contact the staff of my past place of work and ask the team to take me "on bail", with all the necessary documents drawn up. And the First Secretary himself personally called the head of the regional police department and personally requested that I be released from the fish tank and closed my case.

I could not describe the surprise of my cellmate and my joy when I was released from the detention cell. I immediately went to study at the medical institute and began to catch up with what I had missed during my absence.

Noone in medical institute learned anything about this event.

From the fourth year I went to work as an ambulance paramedic on night and Sunday shifts. From the fifth year I was transferred to a medical post as a doctor without a diploma. There weren't enough doctors for the ambulance, because this work wasn't easy. I remember when I arrived at the call of "lost consciousness", I saw a man unconscious, with foam at his mouth, pulse 112 per second, tense, blood pressure 260/120. The breathing is heavy, noisy, with bubbling elements. It was obviously beginning pulmonary edema due to decompensation of the heart against the background of a hypertensive crisis. It is necessary to help the heart and reduce the volume of circulating blood - to "unload" the heart: venous tourniquets on the extremities, oxygen from an oxygen pillow through gauze moistened with alcohol, intravenously I administer aminophylline with corglycon and "at the end of the needle" the patient regains consciousness. The nurse whispers in my ear: "Well, you are a good doctor, all other doctors in such cases call a cardiological team, and then they just wait for it to come." Well, I think to myself, you need to call a cardiological team, if it is a heart attack. Then in linear ambulances there were no electrocardiographs. The cardiological team hospitalized the patient in hospital 27 where Professor L.T. Malaya was in charge of the department of hospital therapy and held lectures for us. At a break between lectures, I visited the patient. He felt good. I asked about his medical appointments for my experience.

On another shift, after assisting in several calls, we return to the substation already at night and see a girl running towards us, waving her hands, urging us to stop. We stop and she reports that her friend was shocked and he is not breathing. We put her in a car so that she showed the way, and I call a resuscitation team on walkie-talkie to address she called. When we arrived at the scene of the incident, the girl leads us with the driver to the barn, where on the floor lay the naked body of a young man. There is no pulse, no breathing, and he is not very warm. I start artificial respiration and indirect heart massage. I must say, the resuscitation team arrived quickly enough. She did defibrillation twice - without success and, just in case, intracardiac injection of calcium chloride and atropine. Also unsuccessfully.

Then the investigator said that the victim, together with the girl, relaxed in the barn, drank alcohol, and had sex. After that he wanted to improve the lighting and engaged in wiring. When he was shocked, he fell unconscious. The girl was frightened, shaken him for a long time, then dressed and ran for help.

Doctors cannot say: "Lazarus! You died but get up! "

It seems that JESUS CHRIST said it to the dead Lazarus.

After this incident, they gave me a paramedic, a desperate smoker. Somehow we went to the "bad heart" call of a 33-year-old woman with signs of a sympathetic-adrenal crisis, a feeling of lack of air, and the fear of death, which required oxygen to be given to her. While the paramedic went for an oxygen pillow, I checked her pulse, listened to her lungs, measured blood pressure - everything was within acceptable limits. After

breathing from an oxygen cushion, she stated that it was easier for her, but for some reason the oxygen that she breathed smells tobacco. After such her words, I remembered that on the last call we used oxygen from the pillow. The paramedic reassured her that the pillow was new and that the smell of burnt rubber had not yet weathered. But as soon as we were about to return to the substation, she again became scared of being left without medical care and demanded to strengthen the treatment. According to the history of medicine, we were told that with hysteria (from the word Hysterus - uterus) of some women, the uterus "wanders" over the body. Since the patient demanded that the treatment be strengthened, I injected calcium chloride intravenously, during the introduction she began to look at me with fear and I realized that this drug, as usual for everyone, caused her to feel heat in the vagina, after which the uterus as if "returned" to the place. The woman calmed down, allowed us to return to the substation, and I told the paramedic to administer diphenhydramine "to strengthen" the treatment. Then we gave validol and corvalol. Returning to the substation, I asked the medical assistant: "Why did the pillow oxygen smell like tobacco?" He admitted that from the last call we used oxygen and were not yet at the substation to fill in the oxygen pillow with oxygen, so he just puffed out the pillow. In the end, with artificial respiration, they do mouth-to-mouth breathing.

I also remember the call of "rape". Upon arrival at the place, it turned out that three young people had raped a 70-year-old woman. On the proposal to take her to the hospital, she was surprised and asked: "why?" In response to being abused, she said: "Two are so-so, but one was a strong man."

Having successfully graduated from the medical institute in 1972, I received the so-called "red diploma", a diploma with

honors. I graduated from the internship at the Department of Neurology of the Kharkov Medical Institute and began to work as a neuropathologist. At one duty the patient was brought to in an agitated state, intoxicated. But I didn't like something in his condition, because from time to time he groaned and clutched his head. Blood pressure 190/110. I decided to check for meningeal signs (symptoms of irritation of the meninges). They turned out to be sharply positive and I decided that he had hemorrhage in the lining of the brain, the so-called subarachnoid hemorrhage. In such cases, a spinal puncture is necessary. At that time, this puncture was done quite often. In punctate, instead of as pure as a tear cerebrospinal fluid, there was fresh blood. After taking the cerebrospinal fluid, the patient's condition improved, he became calmer and fell asleep after treatment. On the third day, the condition improved significantly and with repeated puncture, the cerebrospinal fluid was pink. Subsequently, the cerebrospinal fluid normalized and the patient was discharged. As I now remember his gift, the "DELIS" cake with the inscription on the cake box: "FOR MY SAVED LIFE." Later, I saw this man on the avenue, he walked towards me with a red face, with a shaky gait, did not notice anyone and was clearly drunk. He did not recognize me, but one could say he did not see me. If a person agrees to harm for the sake of pleasure, then it makes no sense to prove this harm.

Calls for sanaviation, business trips to areas of the region, with a full load of a young doctor.

When the parents were left alone in the district and my father, in connection with pulmonary heart failure was hospitalized in the district hospital, where he was getting worse and to the remark of the attending physician "I don't like something in you!", father replied: "The same I can say about

you!" Due to the ineffectiveness of treatment in the district hospital, I decided to take him to the hospital where I worked for treatment. When I drove him to Kharkov, I was afraid that I couldn't take him, because he was bad. When he arrived at the hospital, father immediately started treatment, he felt better and after discharge he even was employed as an electrician at the Palace of Culture of the Kharkov Tractor Plant. In connection with his chronic illness, his condition often worsened, he called me in any weather and at any time I went to him to give injections. And when I entered the house, my father said: "You have come and therefore I feel better." He lived another 18 years to 80 years and died suddenly when I was not in Kharkov - I was with my sister. When my mother called and said that my father was dead, my sister and her husband flew to the funeral.

After graduating from medical institute in 1972 and an internship in 1973, I began to study diligently the profession that I received - neurology. Increased my knowledge of occupational diseases of the nervous system. I mastered the functional diagnostics of electrocardiography, rheovasography, electroencephalography, echoencephalography, which were then modern methods of examining patients. No one denies the progress of science and in a modern survey, of course, computed tomography data have more reliable values. Since the treatment of patients with a neurological profile required more experience and knowledge of psychology and psychotherapy, as well as more active intervention of doctors in the treatment of patients with a neurological profile. There was such a joke: "Surgeons can do a lot, but they know little, and neuropathologists know a lot, but can do little." Therefore, I was very interested in acupuncture. In 1974, I began to study this area of medicine with the famous doctor Trufanova V.I. She was the wife of the famous General Trufanov, with whom she lived in China after the Second

World War and there she personally studied acupuncture with Chinese specialists. In 1974, acupuncture was still little known in the Soviet Union, both among patients and among doctors.

Of course, if a person knows more and is able to do more, then such person needs more. And due to the fact that each person is an individual and each special and unique, then each needs its own approach. Therefore, psychotherapy is of extreme importance in the treatment of patients and it was believed that every doctor must also be a psychotherapist. Therefore, in the same 1974, I began to master psychotherapy at the world's first department of psychotherapy, which was organized by Ilya Zhelarovich Velvovsky at the Ukrainian Institute for the Advancement of Doctors in 1962 (now it is the Kharkov Medical Academy of Postgraduate Education). By the way, in Moscow such a department was organized a year later by Professor Rozhnov V.E.

In 1974, Professor Arkadiy Timofeevich Filatov, the well-known, wonderful, erudite and most experienced psychotherapist, headed the Department of Psychotherapy of the University. So to say, a fan of psychotherapy, Arkadiy Timofeevich allowed me to attend his lectures and participate in practical exercises. During training at the Department of Psychotherapy, Arkadiy Timofeevich organized meetings for students with well-known and experienced psychotherapists: Velvovsky, Dubrovsky, and Apter. Then, at the Department of Psychotherapy, I met a wonderful teacher, the most wonderful, kindest person, who was always loved and respected by all colleagues who had the honor to meet him, the future creator of the Department of Sexopathology, V.V. Krishtal, as well as with the future professor of the Department of Psychotherapy, A. A. Martynenko, who were then still simple assistants. Much later, I

met Professor Boris Vladimirovich Mikhailov, now the Head of the Department of Psychotherapy.

At the Department of Psychotherapy, I was very interested in the method of emotional suggestion in reality, which, in fact, was proposed by Kazimir Markovich Dubrovsky and this method was developed for many years by the Assistant Professor of the Department of Psychotherapy, friendly and smiling V. M. Palamarchuk.

Based on the model and analogy with the emotional suggestion in reality, in Moscow, Vladimir Evgenievich Rozhnov, Head of the Department of psychotherapy at the Central Institute for the Advancement of Doctors, developed a technique for emotional suggestion in hypnosis.

Later, at the Department of Psychotherapy of the Ukrainian Institute for the Advancement of Doctors, I repeatedly underwent the courses of specialization and advanced training officially. There, at the Department of Psychotherapy, I learned about the All-Union Special Decades of Psychologists and Psychotherapists in Krasnoyarsk, organized by the famous Professor V.V. Makarov, (now he is the Head of the Department of Psychotherapy in Moscow, instead of V.E. ROZHNOV), and then - the Head of the Department of Psychiatry of the Krasnoyarsk Medical Institute. I am pleased to recall his smile and humor. When declaring the speakers, V.V. Makarov said: "*Before the lunch* there will be a report "Psychology of grief ", Doctor of Medical Sciences Zavyalov Yuriy Vladimirovich from Novosibirsk, and *after lunch* there will be a report "Psychology of happiness", candidate of medical sciences Alla Radchenko from Moscow."

In fact, it was in Krasnoyarsk where I got acquainted with neuro-linguistic programming, Erickson hypnosis, gestalt therapy,

and psychological counseling. It was remembered that at one of the decades, I met a monk who either decided to increase his level of communication ability, or was sent by his leaders, I did not specify. This monk declared that he should be addressed as “your splendor,” - it is his status among the priests. I asked him a long-standing question of humanity: “The priests say that GOD is merciful and fair. But if HE is merciful, then he is not fair, and if he is fair, then it is impossible to be merciful, as justice implies punishment.”

To which “your splendor” stated that everything is possible for GOD. I was then in my thirties and my youth was experiencing everything. After a seminar, on the way to the hotel in the evening, I was caught up with a Volga taxi on the sidewalk, knocked me down, robbers run-out took my fur hat, diplomat with tape recorder and lecture notes. I managed to get to the hotel, I urinated for a long time with blood. Returning home, I lost consciousness on the plane, but then everything recovered. So I clearly learned a lesson and realized that GOD is merciful and fair, but HE is merciful in his grace, and not in our righteousness, because no one is sinless. Remember in B. Okudzhava’s³ song: “... and Nature knows no sinners!” As the priests say: “By the grace of the PARDONING, and not by the righteousness of the martyr.”

It was at the Krasnoyarsk ten-day campaign that I met with the talented organizer of training for psychotherapists, who invited the notable persons of psychotherapy to Moscow to improve the qualifications of doctors, the publisher of the KLASS firm of specialized literature and film libraries in psychology and psychotherapy - Leonid Markovich Krol. Erudite, cultured, wise, benevolent, charming - he suggested calling him Lyosha. I was pleased with his disposition towards me, and when Lyosha invited me to participate in the seminars and workshops he

created for psychotherapists in Moscow, I gladly agreed, because it is closer to Krasnoyarsk. At a seminar on NLP held in Moscow by the Director of the Canadian NLP Institute, Marilyn Atkinson, during the weekend, Lyosha Krol took me on an excursion to New Jerusalem, along with Marilyn Atkinson and Mikhail Ginsburg, a wonderful translator and follower of the development of training in psychotherapy novelties.

Looking at Merelin Atkinson, one can make a comparison of her being in Moscow for the first time: cheerful, energetic, smiling. And on the second visit thin, if not exhausted, with a mask of a smile, instead of a sincere smile. And if this metamorphosis did not occur due to the disease, since many psychotherapists had severe cancerous lesions (the great Virginia Satir died of this disease) it should be noted that just one desire to lose weight in order to have a fashionable thin appearance is not always correct. We all live thanks to the body and do not always appreciate it, and are not always grateful to it. Changes in one's identity, including bodily ones, are not always useful.

During the third visit, Marilyn Atkinson, to conduct the NLP coaching course, she was also still malnourished but energetic.

Great workshops with Peter Writz on holistic NLP modeling; 30 sendings into trance L. Krol; Suzanne Bulrich's seminars on family therapy and many others. Once I asked Lyosha to translate Frank Forelli's book on provocative psychotherapy, so Lyosha simply invited F. Forelli himself to Moscow to conduct his seminars. Particularly memorable were the workshops of Betty Erickson, the eldest daughter of the great Milton Erickson, who went down in the history of medicine as the creator of non-directive Erickson

hypnosis, which gave a second wind to the very doctrine of hypnosis.

Betty Erickson said: “When daddy treated patients with alcoholism and went to them in his wheelchair for hypnosis treatment, he looked into the eyes of each patient and said directly to his face: “Dumbheads, brainless dumbasses, because you treat yourself badly and if you don’t understand that you are worthy people, then you are simply idiots. Idiots because you have another opportunity - to treat yourself well, treat yourself with respect, in order to become a good friend for yourself. Because each of you is God’s chosen one, each of you is unique, like the prints of your fingers. There’s never been and never will be anybody else like you. ”

Of course, I can’t fail to recall the year 1976 when a girl was brought to our neurological department after a traffic accident - she was hit by a motorcyclist on the road and she suffered a concussion. I prescribed the usual treatment, but during the rounds I noticed that she had some kind of constant rapid heartbeat, a little shortness of breath, although the cardiography was within normal limits. And during the next round I asked her: “Rayechka, do you always have such a heartbeat or only when I come to at the round?” She suddenly blushed, her roommates giggled, but the girl said: “You, Vyacheslav Nikolaevich, are too old for me”. Well, let me be old. The girl was treated and discharged. About a month and a half later, I stood at the trolleybus stop and with a peripheral view saw someone to my left, seemingly coming towards me, then turned around and crossed to the other side of the road and then, from the opposite side of the road, turned right at me and addressed: “Hello, Vyacheslav Nikolaevich!” I immediately remembered her, greeted and asked how she was doing. She

replied that her father died during this time. I had to tell her that life without grief did not happen and she could also die in an accident, but obviously she was still needed. And in order to switch her from a tragic note, I suggested her go to a meeting with the national artist V. Tikhonov, which took place in the Palace of Culture of the Kharkov Tractor Plant. She agreed. After meeting with V. Tikhonov, I proposed to come to me, have tea and since then we have been together. She took my last name and gave me two sons. It turned out that I was not so old. Of course, from my youth I considered myself smarter and more experienced, because everyone who was young was stupid. Therefore, I made many mistakes. My wife endured everything and once said that she had given herself a vow that she would endure everything from her husband, but not booze. My wife graduated from the Economics Department of the Institute of Catering, then the Psychology Department of Kharkov State University, received a diploma in psychology and, during our life together, I was convinced that she was much smarter than me. The Lord gave me such a treasure only because he loved me. My wife has not done so much for herself as she did for me. Once she would bring me an apple to the table where I worked, then berries, then a sandwich with tea. She may notice a pimple or pat me passing by. Of course, there were some conflicts that I attributed to her temporary gender conditions. I constantly said to my patients: "Appreciate those who love you and remember that angels are all in heaven, and here, in this world, everyone can have some imperfections. No one is perfect and there can always be some kind of "appendage" to all good features. The main thing is that your beloved one loves you and for this you can forgive some peculiarities.

When my wife and I went to seminars for family therapists, we noticed that only once at such seminars, except

for our married couple, there was a married couple from America. Charlie was a wonderful family psychotherapist, he held his master class and stated that the main thing he faced in his practice as a family psychotherapist is the resistance of couples to improving relationships. His wife Natasha is an experienced, talented psychotherapist and together they were a good couple to each other. The rest of the family therapists were either divorced, or single and unmarried, who were looking for new adventures at these seminars.

I honestly admit that the first years of my life together I underestimated the treasure which fate or the Lord sent me. Much later, I realized how good it was to be surrounded by love. I thank the Lord all the time for the fact that HE sent me his love through such a wonderful and beautiful soul. And we are together for more than 43 years now. My wife helped me to survive. She knows people very well and has repeatedly warned me to be more careful with this or that person. Yes, she knows people very well, because she chose me.

Since 1978, I began working as a narcologist at the Kharkov Regional Narcological Dispensary. In the same year, I passed specialization at the University of Lviv at the Department of Advanced Medical Studies in the course "Alcoholism and Non-Alcohol Addiction". The name of the course cunningly hints that alcoholism is an addiction, which was previously recognized in the form of the term: alcohol addiction, which was later replaced by the vague concept of "alcoholism", which was also replaced by "addiction to alcohol".

In 1979, I met with the organizer of the first department of narcology in the world - Ivan Kuzmich Sosin, the permanent Head of this Department. I've been acquainted with Ivan Kuzmich

for 40 years and simply can't fail to say about his high friendliness, erudition, intelligence and humanity. He knows both my sons, and when they come to Ukraine, they must visit Ivan Kuzmich in order to show him his respect. In 1979, he suggested that I study the treatment of alcoholism with folk methods and, in particular, use the root of the European hazelwort, which for many years was popular among the people for this purpose, for the treatment of alcoholism. With my eldest son, we went to a forest park and collected the root of this plant there. We often returned from the forest park with many ticks on ourselves and at home spent a long time cleaning our bodies of ticks. I must say that many people with alcoholism stopped drinking alcohol by means of decoction and infusion from the root of the hazelwort, as the people called this plant. Even the ground powder of this root was used to cause an aversion to alcohol. However, subsequently this plant did not receive confirmation in the Pharmacopoeia and its use was left to the people.

With the help of Ivan Kuzmich, I was able to study such methods of personality research as MMPI, the study of frustration according to Rosenzweig, Rorschach spots, etc.

In 1979, due to the high popularity of the method of the Ukrainian doctor from Feodosia, A.R. Dovzhenko, Kharkov Scientific Research Institute of Psychiatry, Neurology, Psychotherapy and Narcology tested this method and gave its approval for the development of this method by doctors - narcologists. I personally took part in this test, selected patients from my area for treatment of A.R. Dovzhenko, attended the treatment of patients with A.R. Dovzhenko, and a year later examined the effectiveness of the treatment. The effectiveness of the treatment was impressive. The treated patients were delighted by the lack of craving for alcohol.

Salvation at all times was due to interaction with someone whom the Lord chooses, for the Lord himself does not come to anyone personally.

When Mikhail Gorbachev allowed doctors private practice and the acquisition of patents for treatment, in 1988 I acquired a patent for private medical practice. And when representatives of Krasnoyarsk came to me and offered to treat alcoholics in Siberia and the Far East on the basis of my patent, I, of course, agreed.

ONLINE there is my official website: WWW.SHPACHENKO.COM, where you can see and hear feedback from representatives of Buryatia, different cities of Siberia, the Far East and the Komi Republic. In all cities, I have received certificates for the treatment of patients with alcoholism.

I often recall and tell my patients about one of my patients who, after treatment of alcoholism for three years, came to extend his sober life for good. In the process of communicating with him, he said that from the first day after treatment, he persuaded his own brother and his wife to come to me for treatment for alcoholism. However, his brother and his wife only scoffed at his suggestions and stated that he was an alcoholic because he was being treated for alcoholism, and they were not alcoholics and they did not need to be treated. The patient was indignant: "I live soberly, but in their opinion I am an alcoholic because I was treated for alcoholism. And they are not alcoholics, because they were not treated for alcoholism, although they drink alcohol daily. They have a very perverted logic! But recently, the brother's wife, after drinking alcohol, became depressed and jumped from the 12th floor. Crashed to death. Brother started to drink even more, blaming himself that he had offended her and that it was his fault for her death. Their

daughter weeps all the time without stopping, and therefore he thinks to take her to him. He has two daughters and their sister can live with them, receive support from them and calm down somehow. I suggested that he not rush to take his niece to his family and listen to my point of view: "If his niece moves to his family because she has grief and it's her grief that gives her the advantage that everyone should spare her, and her role is that she must cry and grieve as a "secondary benefit" because it is her personal right to grieve about her mother. This can be fixed in her for life, like depression. She may be in constant sorrow, because her grief sets her apart from others. And his daughters will not even be able to smile, because their sister is in grief, sorrow and tears. It would be better to contact the executive committee, because the niece is an orphan who has got into a difficult life situation and requires a permit to a boarding school. The change of environment will force her to switch to a new situation and distract from her grief. She will visit you, you will give her fruits, sweets that residents of the boarding school do not always have, and then she will be able to appreciate your concern for her. And if you take her to your family, then she will take it as your duty, as a relative and will not appreciate it. In general, children are far from always being grateful and value little of what they have. Children want what others have. And your daughters will be calmer at home, as it was before. Life without grief does not happen. One must have the strength to survive both difficulties and grief. In the end, honestly speaking, who is dearer to you: your own daughters or niece? You did not leave your niece without support, and you took care of your daughters. And you will have time to take her to your family without her grief and she will have something to compare with. Maybe my offer suits you better?" He agreed.

I remember the case of another patient, who also came to extend his sober life, because he liked to be needed, work hard and earn good money, as he is invited to renovate apartments everywhere. Somehow, he was offered to make repairs in the church. When he habitually began to make repairs in good faith in the church, he noticed that the priest of this church was watching him with interest, then he began to praise him for his diligence, after which he suggested that my former patient go with him. The patient thought that the priest would now instruct him to repair something elsewhere, but the priest led him to some room where on the table lay eggs, bread, pies, fried fish, meat and something else. Then the priest took a bottle of vodka and two glasses from a desk drawer. He poured vodka into glasses, took one of them and put it directly into the patient's hand. Then he crossed the glass and said: "I bless you! Drink it!" The patient thanked the priest and informed him that he did not drink alcohol at all. The father was very surprised and demanded that the patient fulfill his blessing and drink a glass of vodka. The patient said that at first he was confused, but then he remembered how I told that surgeons wash their hands with alcohol and that does not make them drunk and nothing bad happened. Therefore, he asked the priest: "Is this my vodka?" When the priest answered: "Thy, drink, I have blessed you". Then my patient said: "If mine, then I do what I want with it". And before the priest he poured vodka from a glass into his palm and rubbed his hands with vodka. The priest was surprised and indignant: "What did you do!?" My patient replied that he needs to clean his hands before the dinner and if the priest pours him more vodka, he will wash his feet and wipe the shoes, because he directly said that does not drink alcohol. The patient noticed that the priest was ashamed, offered to eat and go to work.

I personally liked this behavior and stamina of my patient.

In connection with the high effectiveness of my treatment according to the method of A.R. Dovzhenko, the administration of the Amur region invited me to treat the small ethnic groups of Siberia - Evenki. They were formerly called the Tungus, because in the past they settled along the Tunguska River, but after the Tunguska meteorite (or the experiments of the great physicist Tesla), in order not to remind of the sad incident, the Tungus were returned to their ancient name - Evenki. It has long been noticed that small nationalities drink and die very quickly.

Using a special plane from Blagoveshchensk on the Amur, I was taken to Lake Bomnak - in the north of the Amur Region, where Evenki lived crowded and worked in a fur farm, raising sables and minks, simultaneously destroying themselves with booze. After the Evenki was treated according to the method of A.R. Dovzhenko, six months later, the Chairman of the Sobriety Society of the Amur Region, Boris Fedorovich Sapozhnikov, said that in the village of Evenki, on the shore of Lake Bomnak, alcohol was on the shelves of the village storehouse and no one took it.

In Siberia, the territory is huge and neighboring villages are 200-300 km away. When in neighboring villages they heard that alcohol was freely sold in the Evenki village, local Russians began to come from the surrounding villages and bought up all the booze. At that time, the Evenki, feeling the advantage of their sober life, proudly declared: "There Russian alcoholics are buying up drinks in our store! You can even choke with it, you assholes. Fools!"

In the same Blagoveshchensk on the Amur, a representative man comes to me and asks: "Do not you

recognize me?" I answered negatively. Then he told me how fifteen years ago he drank everything, he was kicked out of the house and from work, and he spent the nights in heating mains not to freeze. And once he went out to find an opportunity to eat something and suddenly came across an announcement that Doctor Shpachenko V.N. was coming from Kharkov to treat patients with alcoholism. And he remembered that for three years he knew many treated by Shpachenko V.N., who began to live soberly. He suddenly felt that he could also escape from drunkenness. He went to his previous job and asked his former boss to pay for him, promising to work out and repay the debt. The boss himself went and paid for him, so as not to give him money in his hands. After treatment, everything somehow went upstream. Now he is chairman of the gold mining artel. Now they are washing out gold on the Magaktak stream and he has workers who do not leave the mine for 5-7 years. When they work in the taiga, then there is a dry law. And when the season ends and they receive the hard-earned money, they are not able to save it and almost instantly they drink out all the money. They have to be kept at the base where they are provided with a bed, a roof over their heads, three meals a day, and a TV. He understands them and asks me to treat his workers. In a special helicopter carrying gold, he invited me to fly to the taiga to the place of gold mining and there, in the car of the "red corner" to treat his workers so that they could save their money and get the opportunity to see their friends and relatives. He also said that there were Ukrainians there. At the same time, he informed me that they would take me back in Ural trucks in the taiga along the marshes to the Gilyui River (which flows into the Zeya River), and Zeya flows into the Amur River. At the place where the Zeya River flows into the Amur and the city of Blagoveshchensk is located on the Amur. On the other side of the Amur is the Chinese city of

Hei-He. The manager of the cooperative promised that he would personally meet me on the other side of the Gilyui River on their boat, and then on his Toyota LAND CRUISER will take me to the city of Tynda - the capital of BAR (Baikal-Amur Railway), give three Japanese TV sets, deliver them to Tynda Airport, for the flight to Blagoveshchensk, where I could then transfer by plane to Moscow. Honestly, I myself wanted to go to the mine, where gold is mined. Helicopter, taiga, mine, new people, the process of gold mining, traveling by truck in the taiga, close contact with the rivers of Siberia, the famous capital of BAR - this is so romantic. Everything is so interesting. Life is so beautiful.

And when I was at the mine, I went around the mine, inhaled the smell of taiga, watched the gold mining, and got acquainted with people, their location, trailers and the local administration. I was fed. I must say very tasty. I especially liked the crispy crusted donuts, sprinkled with fragrant honey. Life is wonderful!

Watching in the evening the collection of gold from conveyors I saw the members of the commission who simply shook the rugs with gold in an enamel bucket and brought it into their car for their bookkeeping. I asked to see a bucket of gold that I had never seen. They allowed me to go into their special car, opened the lid of the bucket, in which I saw, in fact, not sand, but small pebbles of gold. I asked for permission to "wash" the arms in gold, so that virtually all of my patients could later accept the opportunity not only to earn for living but to be able to save what they earned, use it for themselves and their beloved ones on better welfare as gold itself is applied.

The next day, in the "red corner" trailer, I treated my patients, whom I met the day before. After treatment, they took

me to the Gilyui River in the Ural car, through the swamps of the taiga, where the chairman of the artel personally met me and transported me by boat to the other side, and then delivered to Tynda Airport. I presented two Japanese TVs because the third TV turned out to be broken, which turned out during the verification, but he did not know this.

Nine months later, this chairman came to me at one of my patients' appointments and said that all "my wards" arrived safely home and after returning to the mine, told how upon arrival home, all friends at the meeting offered to "wash off" the meeting, offered vodka, cognac, brandy, whiskey and were very surprised at the refusals to drink alcohol with them. Someone was surprised, someone was indignant, someone was envious. Someone tried to "pour" alcohol into the coffee of my patients, but such attempts were suppressed by them. Many of my patients understand that such attempts indicate the desire of addicts to return addicted people to dependency so that they lose their essence and turn from free into slaves. Each has its own ultimate strength and each simply has a different number of brain cells. Those with fewer brain cells drink faster. Everyone knows that there are very strong people. They can abuse alcohol for a long time, without visible complications precisely because of the persistence of their body, but the destruction in the body of alcohol makes everyone drink alcohol, just some people have stronger organisms and their organisms are more resistant, and others weaker and they decompose faster. One of those who returned to the mine said: "Sober men are in short supply!" Once upon a time, the great Socrates, according to the description of the great Plato, said: "The worst are the majority!" For many years I have been telling my patients: "Let us be fewer, but we will be better!"

The Administration of the Amur Region petitioned the International Sobriety League to award me with the A.R. Dovzhenko award. It should be noted that there are a lot of students of A.R. Dovzhenko but few winners of A.R. Dovzhenko award.

I conducted treatment for patients with alcoholism in Russia until 2012. Once a month and a half, eight times a year, I arrived in Ulan-Ude by plane. The next day - the capital of Transbaikalia, the city of Chita, then Blagoveshchensk on the Amur, then Vladivostok, Ussuriysk, Arsenyev, Artyom. In each of the cities up to 150 patients. Once in Chita, I treated 287 patients in one day. I treated the last patient at 2 a.m. I barely stood on my feet. It was my personal record in treating the number of patients in one day. If we take only five cities, where each day I treated up to 150 patients, then in one cycle of my visit I covered up to 750 patients with treatment. During the year I spent up to 8 such cycles. That is, I treated up to 6000 patients per year. In just 10 years I have treated up to 60,000 people. Not counting the cities Syktyvkar, Belgorod, Krasnoyarsk, and Kharkov.

I traveled to Russia until 2012. I was offered to stay in Russia for permanent residence, but Ukraine is my homeland. Here I was born and I was useful here. Here is my home.

We can say that I have already fulfilled my medical mission to save the human nature: few of the doctors treated as many patients as I did for more than 45 years of medical activity. Yet if the LORD still allows me to continue and fulfill this mission of saving the human essence, then HE still needs me to send HIS salvation to people through me, and I thank the LORD all the time for His care, love and need for people. Therefore, the LORD

believes that I have not yet completed everything that I must fulfill.

For a quarter century A.R. Dovzhenko has not been with us. Time is inexorable. Many of his students are leaving. In many places there are children of pupils or pupils of pupils who haven't seen A.R. Dovzhenko. The LORD still gives me the opportunity to be the right people. I thank the LORD all the time for choosing me to help people through me, for everyone understands that the LORD doesn't come to anyone personally and sends salvation to everyone and at all times through someone, therefore I always thank GOD that HE gave me the language of the wise, in order to strengthen the exhausted with a word. After all, as you know, "at first there was a word". This means that all words materialize from the very creation of the world. Everyone understands that if a teacher in a class explains the same subject to all students equally, some "grasp everything in a single flash", others need additional explanations before the effect: "OH, WELL!" And no one can explain the essence of the subject to the third. Everyone understands that there are smart and there are others. Not everyone can overcome addiction. In addition to desires, abilities and capabilities are necessary.

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1. "MY BELOVED" is a 1958 Soviet romance drama film directed by
 2. V.V. Mayakovsky - a , , artist, and actor.
 3. B. Okudzhava - a Soviet and Russian poet, writer, musician, novelist, and singer-songwriter of Georgian-Armenian ancestry.

SICK BECAUSE WEAKENED.

Children are usually weakened due to many reasons. Children need to be sick to acquire immunity. Therefore, when people get sick due to insufficient development of the body's defenses, we can talk about the presence of immaturity. The signs of immaturity are as follows: the need for protection and support by adults or others; tendency to evade responsibility; tendency to blame others; difficulty in making decisions; destructive behavior and lack of understanding of the value of one's life and health; lack of ability to withstand prolonged stress; reduced stability and confusion before difficulties; rapid exhaustion; difficulties of adaptation in life and society. Low self-control (problems of will) and chronic internal discomfort are characteristic.

Pathological emotions are evident with immaturity. They are anxiety, an inferiority complex with a sense of one's own insignificance and fear that others will notice their "insignificance". Many children have a very developed sense of guilt and a desire to evoke this feeling in others. Frequent lowering of mood and depression; difficulty expressing emotions and the impossibility of empathy (empathy with others). Lack of flexibility in behavior. The pursuit of games, passion and enjoyment. Intolerance and impatience with the inability to put off pleasure. Fantasies and illusions of omnipotence, invulnerability, impunity and confidence in one's charm are characteristic. They flee from reality; do not want to overcome difficulties. Indulge in their weaknesses and believe in miracles. Impulsive, not used to long thinking about something. The infantile have many claims to relatives and friends. They often have dissatisfaction with themselves and everyone. A misunderstanding of the value of health and life is characteristic.

Children are a tangle of contradictions, the list of which is quite large, and it can be continued. Everyone can find something similar in themselves. We all come from childhood. Therefore, the consequences of dependence on adults, like inferiority of children, are for everyone. However, if people cope with these signs and well or satisfactorily adapt to the difficulties of life, then such people "outgrow" their immaturity and become adults. Drinking interferes with becoming adults, so most of these infantile "do not have time" to "outgrow" immaturity and do not become adults. Most likely, they began to abuse alcohol under the influence of their infantile weaknesses, which sought to compensate for alcohol. It should be noted that frequent signs of infantilism are the desire to attract attention. Very characteristic of infantile touchiness and revenge. Often children say, "I die then you will cry!"

Due to the presence of such a large number of prerequisites for addictions, the main requirement is put forward for those who come for treatment according to the method of A.R. Dovzhenko is a great and sincere desire to be treated and get rid of addiction in order to live soberly precisely the person himself, and not his relatives.

Nevertheless, many infantile addicted patients have a desire to have a reason to consolidate their resentment and preserve their chronic discontent. Including due to the situation of its "incurability". That is why there are many "incurable" patients among such a contingent of patients, because such patients are simply afraid of a sober life and their responsibility.

After such clarifications, I think there will be more understanding of what difficulties doctors are forced to deal with in cases of addiction diseases.

To improve the biological and psychological state of patients, I suggest using very important advice, which is often underestimated. For a better understanding, it makes sense to give some clarification. In nature, when a herbivore eats, it constantly monitors and controls the environment. In case of safety, the animal continues to eat. If danger arises, then, of course, in such situations it is not time for food, because then the animal can turn into food itself. The animal must ensure its safety and escape from a dangerous situation. Only in a safe environment can an animal eat. Therefore, the fact of eating at a reflex level symbolizes safety. It is “imprinted” on mammalian chromosomes. In cases with predators, everyone understands that predators need flesh, not grass. When a fox catches a hare, it seeks to eat it faster in order to satisfy its hunger, because a wolf can come to the smell of blood and take food. When the wolf really appears, then the wolf eats, and the fox will have to “lick”. The wolf also seeks to eat quickly, because in nature changes can occur instantly. This wolf may lose its ability to satisfy hunger when more powerful predators appear. For example, when a lion appears, there will be a lion, and now the wolf will “lick”. It is clear who has food, he has the opportunity to live. It is man who is the pinnacle of the food chain. He can shoot lions if necessary. It is proved that in the embryonic stage a person goes through all stages of biological development. Therefore, in life, many can “forget” that they are people. That is why people often have an unreasonable or justified fear of some unfavorable situations, including fantasized ones that cause unexplained anxiety. This causes a desire to calm down through eating. The food soothes many. At the same time, anxiety makes a person eat fast. However, if people eat slowly, and carefully chew food, then another program will automatically turn on: “You are a person, you have no one to be afraid of, so eat

calmly.” That is, when chewing food slowly, the security program automatically turns on and the alarm automatically decreases. Often it is anxious people who strive to eat not only fast, but also strive to eat as much as possible, with their subconscious desire to become larger in order to reach their maximum sizes. In addition, with this, as it were, gain more security. As elephants, because of their heavy weight, it makes no sense to be afraid of someone, because it is enough for them to step on the enemy and crush him with their weight. However, in humans, this tactic is wrong. People do not need more weight, but a more developed mind and more developed muscles. Moreover, in situations of anxiety, it is more important not to eat more, but to chew longer. This will be more useful, both for gum massage, for better processing of food with saliva enzymes, for better dissolving food with saliva, so that food is better absorbed, and for more calming a person.

It is very important to understand that the implementation of this advice automatically trains and teaches a person how to delay, delay the receipt of pleasure, which helps to control the flow of pleasure. This is extremely important in life, and the thing that is absent at infantile people. In addition, slow chewing and delayed swallowing of food automatically trains a person’s will, which every addict lacks with all sorts of addictions, as well as infantile. The simplicity of the sentence causes many to distrust, and laziness causes a refusal to fulfill it. In fact, my proposal creates the possibility of small victories, and trains responsibility.

It should be noted that the infantile are prone to revenge, then a slow and long chewing would not only calm, but also create a reflex impression of chewing the enemy. This satisfies vengeance so as not to transfer its vengeance to others. Long

chewing also reduces resentment, because satiety itself leads to forgiveness of offenders. I propose to count the chewing movements up to ten times seven times, that is, up to 70 times, as if including the path of luck and success. Many entrenched in the mind and subconscious mind that the number seven has something to do with luck and success. This, of course, is a sign of prejudice towards which the infantile are inclined, but by the chewing movements the positive in the future is programmed automatically, increasing confidence, which again is lacking in the infantile. Any actions with their specific focus contribute to the achievement of these goals. Sometimes you can be satisfied with chewing up to "seven times seven", that is, up to 49 chewing. Chewing is proposed to make small victories, which are so necessary for children, strengthening the confidence of each artist of this advice.

It is important to understand the need to provide a better choice, and to program better structuring of time, creating a specific target vector for positive, distracting from the negative.

All this is useful to do for your own self-training. However, if a person does not want to do anything for his own improvement, then this is an indicator that this person has the intention to keep his problems with him, which he is used to and does not want to abandon them. You are welcome. Free will. Everyone has their own life, and everyone can do what he sees fit with his life. In life, intent and behavior often do not match. The apostle Paul said: "I want to do good, - I do not. I do not want to do evil - I do!" So, a person wants to be loved, but behaves so that they are afraid. A person simply does not understand that if they are afraid of him, then they will not be able to love. Who wants to improve relations and change for the better, he is forced to take part in creating these best changes, and at least do

something for a better relationship. A sign of infantilism is unwillingness to change.

At all times, support and help comes to sick people through interaction with someone. The doctor gives the patient a tool and an incentive to defeat addiction diseases, but not everyone is ready, not everyone is capable and not everyone really wants their healing.

Not only medicine fights against diseases, but also diseases fights against medicine, and the result of this struggle is far from always being in favor of medicine. Moreover, it has long been noted that people can have not only the desire for victory, but many who seek suffering, in any case secretly or subconsciously, seeking defeat, forcing others to lose as well. It is the desire for suffering that forces them to lose, because their gain is in a loss, because such people only lose, they get their euphoria due to the release of endorphins to alleviate suffering.

Thus, everyone understands that normal people get pleasure from positive. But people also get pleasure from the cessation of suffering or the expectation of the cessation of suffering, therefore they unconsciously strive for suffering. Masochism still exists. And like everything in this world, masochism can be explicit and hidden. Clear masochism, when a patient tells me that he intentionally makes a pass at a woman who has a strong husband to beat my patient and when this woman's husband beat him, the patient was not at all hurt, but felt nicely. Another dropped heavy motors to his feet and received not only pleasant sensations from injuries but also was pleased with the sympathy of the nearest people.

It happens that if someone suffers bodily suffering in a traffic accident, then the hidden masochists unconsciously

intentionally walk around so that they are hit by a car. And then others are surprised and sympathetic that he is so unlucky and he constantly gets into accidents. In fact, we can say that masochism is a hidden desire for death - MORTIDO.

Patients with addiction diseases are genetically weakened. In most patients, the genetic roots of dependence can be traced, which indicates the presence of the initial weakness of the body. You don't have to go far. My grandfather, whom I didn't see, was drinking, aggressively mocking his wife, my grandmother, abandoned his family, and wandered around the Soviet Union. One day, during a family scandal, my father told me, "Do not think that your mother is a good mother. Sometimes, when I beat her, she protected herself with you from my beatings when she held you in her arms!" To my question: "Why did you beat my mother with a child in her arms?" He wilted and admitted: "I was drunk. If you saw my drunk father beating my mother when I was 7-8 years old. It's probably good that my father left us and was "homeless" throughout the Union, otherwise I would have killed him."

Personally, I saw how my father drank "Denatured alcohol" - a liquid for kindling stoves. I saw him drinking the Cologne. He was cool. I was afraid of him. He beat me too. He did not touch only a sister. He loved her most of all. My poor mother. How much she had to endure for 52 years of marriage with my father. Before meeting with my father, she was brought up in an orphanage in Moscow. She ran to meetings with Yesenin and Mayakovsky. Read by heart Yesenin's verses. As an orphan, she was under the tutelage of the state and graduated from the Moscow College of Communications. In her time, it was a great education. The father achieved everything himself, having 7 classes of education. He held the engineering position of a senior communications electrician without any technical or engineering

diploma. By the age of fifty, in order not to lose his position, he graduated from evening school and technical school of communication at part time education. He was respected at work and in society. I was not only afraid of him, but also respected and loved him.

My father's sister, Aunt Natasha, abused alcohol with her husband and often scolded him for having drunk all the moonshine and even did not leave anything for the child. Their "child" - Alexei, was drinking with his parents. In my 24 years I received a doctor's diploma with distinction and he died in his 24 years from a delirium tremens. I still have those genes! I understand it. But if alcohol does not enter me at all, then where does alcoholism come from. My children not only did not see me drunk but even holding a glass in my hands. When the eldest son gave birth to a daughter, my wife and youngest son went to meet his daughter. During dinner, the son's wife expressed bewilderment why, for the sake of such an event, he did not buy alcohol. To which my eldest son stated that, firstly, he knows that parents do not drink alcohol, and secondly, he will not allow to drink off the the soul of her daughter and to program happy, joyful and satisfying future life for her.

Returning home, we drove past the city of Rivne, where as the deputy Chief Doctor of the City Hospital and at the same time as a neurosurgeon wored my fellow student at the medical institute. I decided to visit him and call on him to visit. Arriving at the hospital, I was informed that Vladimir Ivanovich is now in the operating room to assist the victims of a road accident. I asked to be led closer to the operating room so that we would not part with him when he finished the operation. We were taken to the hospital corridor, closer to the operating room, where there were two women: a young and an elderly. Young expressed indignation that she always asked and warned her husband not

to get drunk before driving the car, because it would not end well. The older woman asked the younger to keep quiet, the main thing is for him to be alive, because he was delivered unconscious. After some time of silence in the corridor, suddenly there was a loud obscene abuse at the whole hospital. The older woman smiled "Alive!" After the operation, my friend and I met and went to his house. During dinner, his wife puts a bottle of cognac on the table. My youngest son, seeing a bottle of cognac, tells me: "Dad, don't even think about it!" He decided to educate me. In response, I told my son "Have you ever seen me drinking?" He answered negatively. "Why did you decide that I would drink now?" Then the son calmed down. My fellow student said that he would not drink alcohol either, since he had a planned surgery to remove a brain tumor the next day and he'd better be sober today.

All patients with addiction diseases are weakened not only genetically, but also by the process of life, including destroying by the substance itself, which causes addiction. Therefore, many fall into a situation of incurability. In any case, every doctor, during the period of medical activity, has had cases of incurability.

The lack of treatment effect makes it possible to investigate the causes of its inefficiency and the reasons for the unwillingness to recover. And also there is an opportunity to study the causes and mechanisms of cognitive dissonance (unwillingness to accept and unwillingness to even study what can change their point of view or change their belief, the main thing is that they do not want to change).

Method of A.R. Dovzhenko gives you the opportunity to participate in your salvation and direct your strength and mind to

the opportunity to understand in time everything that is necessary to change your beliefs

Many notable persons of medicine and psychology are arrogant and dismissive of the method developed by the Ukrainian doctor A.R. Dovzhenko, although they themselves are not in a position to offer something better in short-term treatment. However, a large number of patients need "pushing" methods of help, as a trigger of salvation. To criticize, as you know, is much easier than to offer something of your own. Moreover, many short-sightedly see the full value of this method only in intimidation of patients with addictions, for example, intravenous infusions of alcohol-sensitizing drugs, by inertia relying on medicines.

Dependence on substances causing addiction in each patient is located in the patient's soul, which scientists often call the psychological basis of a person so as not to use the word "soul" itself. However, no one can deny the human soul and it is impossible to treat the human soul with pills and injections. A person's soul can be treated only with the soul of another person, primarily a doctor. After all, even in ancient Rome they said "MEDICA MENTE NON MEDICAMENTIS" - heal with the mind, and not with medicines. Therefore, the human mind must be used to save the same mind. This means that it is necessary to "work" with the erroneous beliefs of patients to correct them and create true beliefs, instead of erroneous ones.

Over the years of their medical activity, many have become convinced that there is a limit to the usefulness of drugs that are most useful in the acute period of the disease, as well as to alleviate and stop the exacerbation of chronic diseases. It should be noted that it is the mind that is damaged primarily by

all psychoactive substances. That is why it is necessary to apply the human mind to save oneself, which is just not used enough in the treatment of patients. For they rely on the experience and skill of doctors. Of course, some doctors help some patients, others others and each doctor can be the “last straw” that will “saturate” the patient and help “outgrow” the disease. Dependence itself is a sign of infantility when a child is dependent on adults. It is necessary for a person to grow up in order to take responsibility on himself, which many addicts just do not want to remain infantile and follow their own glories. Therefore, such addicts simply do not live up to their “growing up”. Natural selection continues.

LACK OF LOVE.

It is strikingly enough that we are seeing less and less good, good relations, both in families and in society. Moreover, we often encounter the fact that outwardly “normal”, prosperous people “deliver” very destructive offspring. In such cases, one can often trace the lack of love in such families. In those families in which there is love, there are normal and happy children.

It seems that love is very noticeably reduced everywhere. Maybe love is “measured from above” as a constant value that GOD “pushed out” for our planet Earth when he distributed his love to all parts of the UNIVERSE. Therefore, with an increase in the number of people, everyone began to miss it. Nowadays, one can repeatedly hear how a girl or woman claims that she will no longer live with her boy or man. And in response, he hears threats that a young man or an adult man promises to kill her or even their child. Of course, in satisfying his need to have the girl or woman with whom he wants to live, some men in such

situations are completely unaware that by intimidating a girl or woman, forcing her to live with him, he absolutely does not understand that he will live with a person who will hate him all their mutual life. He will even breathe in an atmosphere of self-hatred. Of course, he will make his woman unhappy, his children, whom their mother will also hate and therefore children will grow up unhappy. In an atmosphere of hatred, he will also become miserable.

Maybe this will remind us of another process “If you do not want to live with us in Ukraine, then we will kill you!”.

All the defects of bringing up are from a lack of love. It is necessary to raise issues of increasing love in your family and in society. The fact is that love is not only feelings, but also actions. Love is work. Increasing the love around you, it will increase throughout the planet, or at least in the country. Maybe there was more love before, but under the influence of past social upheavals it became less and it became familiar. Very few people understand, do not want to acknowledge, and few who agree that love is a gift from ABOVE. And very often, when someone has the love of his beloved one, he accepts it as a matter of fact and that it should be so, therefore he rarely appreciates the person who loves him, not wanting to admit that this person is a gift from the Lord. And only when he loses this person, only then begins to understand that he (she) has lost or lost.

The famous American psychologist Erich Fromm investigated love and described the five components of love. And first of all, love is an action. That is, love is not a noun, but love is a verb that answers the question: “What does it do?” Thus, love is labor. E. Fromm called respect the first component. After all, it is precisely the respect between people that appears less and

less, especially to adolescents. It is respect that attracts and enhances good relationships. The next component of love is an interest in another, because each person is special. But I would like to draw attention to everyone and to myself, because everyone is special, including yourself. If JESUS CHRIST said: "Love your neighbor as yourself!" And this implies respect and interest in yourself: what personal qualities of a person do you personally have and which ones are not so good? Show interest in what you are strong and what are weak? Why can I love you?

In India, it was accepted for many years that the bride and groom met before the wedding, and then all their lives respectfully study each other, take care of each other and "grow" love.

The next component of love by Fromm is caring for a loved one. And, of course, care does not happen without labor. And the fifth component of love according to Fromm is the responsibility that a person takes upon himself to fulfill all points. That is, no one forces you to do all this, a person takes responsibility. I think that if at least only the first two points are available when people communicate, this alone will give a good result.

I want to draw attention to the fact that E. Fromm did not single out such an important component as joy and pleasant feelings from the very communication with a beloved one. There is something secret in love that attracts everyone and therefore everyone wants love more than they have, but high expectations, as always, are disappointing. The error is not in receipt, the error is in expectations. Everyone understands that without joy there is no love. But this joy is not announcing, but quiet and peaceful. It is more internal than external. With an excess of everything,

even joy, there is a depletion of everything. The seventh component of love, I would note the gratitude, which is clearly present in the relationship of loving people for the presence of love itself, and for the fact that they have a beloved one.

When a person is accompanied or persecuted by suffering, the body begins to adapt to suffering and, as an adaptation to suffering and facilitate their tolerance, the body enhances the release of endorphins, which leads to more intense pleasure from suffering and reinforce dependence on psychoactive substances through suffering. It is alcohol that leads to a perversion of pleasure, not from natural pleasures, but from suffering - that same masochism.

All feelings in the world are divided into two main categories: pleasure and suffering. It is they who rule the world. Suffering brings pleasure when it ends. But in order to enjoy the cessation of suffering, one must first receive suffering. And this can tell us that there is no developed masochism yet, and these people are only embarking on the path of masochism. Because with the expanded masochism, the masochist enjoys it at the very moment of suffering.

Note that with alcohol addiction, a drinker receives several types of pleasure:

- 1) directly during drinking, when freed endorphins come from destroyed nerve cells;
- 2) as a result of the suffering of a hangover, there is a forced release of endorphins to alleviate the suffering and this causes the consolidation, by the type of conditioned reflex, of the desire for suffering;
- 3) receiving pleasure from the cessation of suffering;

4) pleasure due to the return of health;

In this sense, it is precisely the breakdown after a sober life that is a sign of dissatisfaction with a sober life and the desire, against the background of a seemingly normal life, to enjoy other species. It should also be remembered that humanity is constantly pursued by need and boredom. When a person gets rid of need, he is immediately overtaken by boredom, which forces a person to either develop through his beloved business or destroy himself and the world around him, taking pleasure in destruction. Therefore, "HOBBY" is not a whim, not pampering, but a necessity for a better life and survival itself.

It also matters the encounter with the difficulties of a sober life, which frighten the person, and from which the addict "escapes" to intoxication. Any "breakdown" after the treatment of alcoholism is not only the weakness of the desire of a "frustrated" to live soberly, not only the insufficiency of receiving joy from a sober life, but also a sign that the disease is strong. As a relapse of cancer, after all types of treatment. However, any "breakdown" is also a sign of a desire to preserve the old way of life and a rejection of the decision to live soberly.

I call addiction "soul cancer," destroying a person under the guise of pleasure, disguising the destruction of brain cells as pleasure, turning a person into a sheep who do not understand anything, due to the decrease in the number of brain cells with each drink and the simultaneous increase in the number of alcohol-dependent brain cells. That is, with each drink there is an increase in the center of dependence, as the "growth" of the tumor increases. Dependence strives to achieve the so-called "critical mass" of dependence, after which no one can control it and the person turns into a complete slave of dependence.

It all depends on the duration of the use of psychoactive substances, the very malignancy of these substances, the environment and the subjective state of the body's strength using psychoactive substances.

Diseases provide an opportunity for a person to show his weakness, so that his weakness requires more attention from others: "take care of me". Often the "breakdown" demonstrates that for this person humiliation with a drink is more desirable than respect for a sober life. The "breakdown" itself tells us that this person does not agree to become better and therefore is not able to become better.

At all times, help and support comes to people through interaction with someone. The doctor heals even by himself and gives the patient a tool and an incentive to defeat diseases. However, not everyone is ready and not everyone really wants their healing.

Dependent patients with diseases are weakened not only genetically, but also by the very process of life, including those destroyed by the substance that causes the addiction. A lot of patients "fall" under the rank of "incurable". Each doctor had cases of "incurability". There are no doctors who cure everyone!

Many are frightened by the difficulties and complexities of a sober life and a "breakdown" is an indicator that the addiction actually "raped" a person and forced him to cooperate with himself, so that he refused to cooperate with the doctor and did not fulfill his appointment to prevent "breakdowns", so that he abandoned his improvements and succumbed to the temptation and provocations of easily accessible pleasures, abandoning his victory.

Everyone may be interested in something more than in something else. This must be understood and reconciled. After all, not everyone agrees to go over the difficulties of life. For healing, it is important to find what exactly the complexity of sobriety in this person is and what this person agrees to instead of drinking. It is important to overcome laziness, which simply indicates a lack of interest. What could you be interested in? What does a person want and what is real for him?

It is clear that if we consider the “breakdown” as a failure of treatment, then this approach cuts off the continuation of treatment itself and the cessation of the desire to use other methods and methods of treatment to relieve dependence. I suggest to consider a part of the personality as an independent personality, which has its interests, in contrast to the interests of the whole organism, and the dependent part hogs the blanket. It is profitable for her to stop all attempts at treatment. Dependence itself, as part of a personality, can think of as an independent personality and incline a person to surrender. Therefore, the point of view on the “breakdown” is more useful, as on the patient’s mistake, which should be correctly understood and used as experience for further recovery.

Of course, it makes sense not to forget that the disease can be a welcome defense against the complexities of life. Remember that if there are no improvements, it means that not all reasons are found and not all obstacles are overcome. Also, it must be borne in mind that there are people who are deep down convinced that they do not deserve good health and happiness. Some just need to increase their awareness of the benefits and benefits of sobriety. It is necessary to increase the very value of getting rid of anti-natural dependence.

Ordinary or natural dependence is a dependence on air, food and drink, on the joy of communicating with loved ones, when an interdependence is formed between relatives that forms the awareness of unity - "we", when two loving creatures are very dependent on each other and cannot live separately. Dependence can also be on your favorite work. Everything that contributes to the development and improvement of life can be called natural dependence. Dependencies that cause destruction of the body - they are against nature, because they cause destruction and death. No one will come to a person and directly say: "I want to destroy your brains, you and your body!" Any desire to destroy another can begin secretly, secretly and often the destruction itself is discovered late. In order to take something from a person, you need to offer him something, if this is not a simple robbery.

Nature provides a mechanism for promoting human achievement in the form of release of hormones of joy with the general name endorphins. Accepted alcohol simply uses the hormones of human joy, releasing them from the brain cells, after the destruction of these cells and this feeling of joy, masks the destruction. There are no body cells that are not destroyed by alcohol. It's just that many body cells have great potential for recovery, and decompensate or die, often already at the later stages of drinking or abuse of alcohol than brain and other nerve cells. Thus, any drink is a real robbery of drinkers who, for the sake of pleasure, agree to destroy the cells of their body.

Even in the same family, among relatives there are perverted relationships due to many double bonds, hidden ill-will and various "secondary" benefits in relationships between close people. So, a mother can tell her daughter that she, as a mother, will do everything for her daughter's happiness. And the

hidden double bond implies “Please, daughter, remain unhappy” so that you need your mother and can provide you with your “need”. Because if the daughter is happy, then she will not need maternal care and as if the mother herself is no longer needed. And this causes fear and manipulative behavior of the mother with various provocations of abnormal relationships. Many mothers want to be needed for a long time by their beloved children, therefore they unknowingly support the infantility and non-independence of their children with excessive guardianship and unconsciously stimulate the independence and irresponsibility of their children.

Some fathers and sons may also have hidden, not good relations. So, some fathers can secretly envy the success of their sons and categorically refuse to accept help and gifts from them, which will constantly remind them that their son is much more successful, therefore they do not allow their sons to enjoy making their father pleasant. It’s nice to do good things.

When relatives or friends bring for treatment a patient who has already achieved a lot of things in his life and was tempted to get easily accessible pleasures from drinking alcohol, thinking that he takes pleasure in freebies and going to treatment for drinking, he already brings with himself all sorts of ways to resist treatment in order to continue to enjoy in the usual way. In addition, he is kept in a dependent state by a multitude of co-dependent influences, when his personal driver feels necessary, indispensable, because he always has alcohol to alleviate the condition of his “master”. And if his “master” is independent of alcohol, then he will be “given” the role of “just a driver” and he will not be needed as much by the “master” as before. And we see how important such a “carrier” behaves, tending to be present at the doctor’s appointment in order to somehow control the process of losing his “importance” in the

area of his influence. And when the sister of the same patient, already at the first meeting, demands an answer: "When will her brother improve?" demanding rapid improvements, despite the fact that treatment by other doctors was ineffective and immediately creates a "time pressure" for the doctor just to prevent the cure itself. After all, if the brother is cured, is again independent and successful, then she will connect it with the fact that she herself has not achieved anything significant, and when the brother is alcoholic, it means he is insignificant compared to her. Moreover, if a brother dies, then she has her own part in the brother's inheritance.

Each patient brings with him a train of complex relationships. If the investigator has the right to investigate crimes for a long time, thinking over the motives of the crime, the person's ability to commit a crime, the peculiarities of different situations with many unknowns, then the doctor requires solutions that are quick, guaranteed, and even for life. At the same time, many facts are "hidden", a lot is under-stated and distorted from their point of view. Each doctor has a patient in front of him with thousands of "unknowns" who strongly "mask" consciously and unconsciously, both the patients themselves and their relatives: the woman says that she "only" has been abusing alcohol for the past two months, and her mother corrects: " For 15 years she "drinks", at 16 there was an abortion and walked on the "black".

PURKINJE CELLS IN THE CEREBELLUM.



Axons going down into the body to control the body, sensations and perception of vestibular processes are understandable. But why upward dendrites needed? Many have heard the word: "arboretum" - this is the place where trees are grown. From the word "dendrum" - a tree. Therefore, the processes of nerve cells directed upwards are called dendrites. Their interweaving with each other can be understood as a function of storage, processing and distribution of information, experience, regulation of equilibrium, but no one considers them additionally as "antennas" for communication with the Cosmos. As the transceiver stations of the brain for communication with the COSMIC MIND - GOD, when "Suddenly", probably due to the resonance phenomena of electromagnetic oscillations of COSMOS and humans, an idea comes to a person to overcome some difficulties with material support of joy and to encourage this overcoming by emission endorphins from nerve cells. It is possible that similar cells can be in animals with their own functions, but in humans they can perform special functions. At

the same time, such transceiver stations can be all brain cells or all nerve cells in general, organizing the intuition process. It is the arrival of ideas to different people in different countries. Hence the discovery of laws that are named after the authors, such as Boyle-Mariotte and others.

The interweaving of dendrites - processes of nerve cells, suggests that each nerve cell is connected to other nerve cells. All nerve and brain cells are connected in a single mechanism. The need for cooperation is “mounted” into the brain.

Men wrote the Bible, so they believed that the first person was a man. Historically, the cell was first that, through its division, began the process of reproduction, and only later, after the stage of hermaphroditism, did the division of the sexes into male and female arise.

If we pedantically consider the structure of sex chromosomes, then everyone has known since school that the sex chromosomes of women consist of two X chromosomes. That is XX. It is also known that male sex chromosomes are composed of XY chromosomes. The deficiency of the $\frac{1}{2}$ chromosome is clearly noticeable. It is a fact. From this fact, one can assume that men are “inferior” women, or “unfinished” women. Some primitives from those offended since childhood who are everywhere looking for an excuse and an opportunity to satisfy their need for revenge through something concrete that can be caught can be offended at such a point of view. In this case, as if for neglect of men. People often look for motivation, that is, the appearance of a motive, behind which they try to hide the main objective.

As in the Krylov’s fable, the wolf accuses the lamb of the fact that the lamb “muddied” the source water during the

watering, and for this, the lamb must be eaten. To all the excuses of the lamb, the wolf at the end recognized the main motive that the lamb is to blame for the fact that the wolf wants to eat. Therefore, under the guise of a struggle for justice, in Ukraine, in fact, there is a struggle for power. Therefore, it is with the “language issue”, which is only the motivation or appearance of the motive and the real motive is the destruction of the “unwanted”, getting rid of dissenters in order to rule the country personally.

The very thesis of “inferiority” of men can be easily removed by the fact that NATURE has nothing superfluous. Because NATURE always eliminates all unnecessary. After all, it makes no sense for men to have extra information on the chromosomes about menstruation, pregnancy, childbirth and breastfeeding of newborns. Therefore, NATURE eliminated the excess information from sex chromosomes, and the thesis of male “inferiority” is simply inappropriate.

I want to draw attention to the fact that the “rib” of the chromosome was removed from women to make a man. It is known that at first historically there was matriarchy. Therefore, we can say naturally that among the Jews, the main thing in the family is a woman. A Jewish mother is an example of a mother. A Jewish woman tells a doctor about her husband or son: “His left leg hurts us!”

Nowadays, we see the distortion and perversion of all archetypes, including mother programs. Now they began to find newborns in bags or litter boxes or in landfills. Recently, a young woman threw her newborn son out of the window from the fifth floor. The archetypes of father, daughter, son, leader, warrior and others are also distorted. In these distortions and distortions

of humankind, alcohol is not the last place. Getting into the body from the external environment, alcohol distorts the metabolism of the body, for NATURE does not provide for the intake of alcohol from the outside. Distorted metabolism distorts human behavior. At the same time, the very destruction of human brain cells by alcohol causes mass debilitation, primitivization, psychopathization, schizophrenization in people who abuse alcohol. No one from drinking alcohol has become smarter. It is the manufacturers and sellers of alcoholic beverages that have taken and are taking many activities to disseminate and expand the use of alcohol. For the benefits they receive from the sale of alcoholic beverages, humanity has to pay.

Any thought that is contrary to habitual thinking takes a person out of his comfort of established beliefs. This creates a fear of the unknown. New is unknown. Therefore, often people do not want to take new approaches and new analyzes of situations. Because of the fear of the new, people often refuse to recognize the need for change, and often seek to deny the truths of new approaches. These people refuse to accept and admit evidence of the new, and forbid themselves to pay attention to what does not coincide with their past beliefs. Such situations are described as cognitive dissonance.

Young people should pay attention to the fact that for the normal development of nerve cells they need myelination, that is, the covering of nerve cells and nerve fibers with a protective myelin sheath, which ends by the age of 21. Therefore, until the age of 21, nerve cells are defenseless from the influence of the destructive effect of alcohol and other destructive substances.

EXOGENOUS ALCOHOL.

It is obvious to everyone that everything in the world is divided into external and internal, which are forced to interact with each other. The outer penetrates into the inner, and the inner allocates some part to the outside. All interactions have two results: development or destruction, which at the level of elementary particles goes into development. Exo- when added to nouns, forms nouns with the meaning of external. Thus, exogenous, for example alcohol, means born outside. This alcohol is formed outside. When this alcohol enters the body, it is called exogenous alcohol. Endo-, respectively, means internal, and endogenous means born inside. That is, endogenous alcohol is that alcohol that is formed inside the body.

When alcohol enters the body, already at the stage of ingestion in the mouth, everyone feels the cauterizing effect of alcohol on the tongue, gums, and teeth. When swallowing, the burning effect of alcohol spreads to the esophagus and, of course, further along the stomach and intestines, and throughout the body.

Everyone knows that the stomach secretes gastric juice to dissolve food. At the same time, gastric juice contains hydrochloric acid, for better dissolution of proteins. In everyday life, when hydrochloric acid gets on clothes, everyone knows that acid damages the clothes. To prevent damage to the wall of the stomach, the stomach secretes a protective layer of mucus. This protective layer of mucus is "washed off" by any kind of alcohol, and the wall of the stomach is "exposed". Own gastric juice with its enzymes and hydrochloric acid "corrodes" the wall of the stomach, causing damage, erosion, sores or ulcers. Absorption of alcohol from the stomach causes the penetration of alcohol into the pancreas, where damage processes can cause damage to the

parts of the pancreas, where insulin production should take place. With insufficient insulin production, diabetes is formed. When other parts of the pancreas are destroyed, inflammation of the pancreas occurs, the so-called pancreatitis, of varying degrees of damage, up to death.

The resulting stomach ulcers can break through the wall of the stomach, the so-called “perforated stomach ulcer” with the need for prompt suturing of this ulcer. At the same time, surgeons may encounter the phenomenon of “thread coming to pieces” when the suture material does not tighten the edges of the wound, and because of the damage to the wall and the weakness of the stomach wall, the threads cut the wall of the stomach like a razor and it is impossible to connect the edges of the wound, and surgeons have to remove the entire stomach within the strength of its walls.

The liver is the main protective borderline battalion of the body, which shall neutralize all incoming poisons, bind to bile, and remove into the intestines for release to the outside. Now it should be clear to everyone that when, after drinking alcohol, a person has “noise in the head”, it means that a huge number of liver cells died in the liver. Roughly speaking, a huge number of “holes” formed in the liver, through which alcohol “broke” into the blood of the body, and went “walking” throughout the body.

The heart shall pump blood throughout the body, and when toxic substances arrive, it is forced to send throughout the body those poisons that a person has taken in. I invite everyone to imagine how alcohol, which got into the blood from the outside, burns the edges of the heart valves. The edges of the valves do not fully close. Part of the blood returns back to the heart, which causes the heart to pump not only what should be pumped, but also what returned to the heart due to a defective valve. Of course, this depletes the muscle of the heart of those

who drink. Not counting the damage to the heart muscles by the alcohol itself.

The kidneys shall “filter” the blood from all kinds of “toxins” in order to cleanse the blood. Alcohol that enters the bloodstream from ingested alcohol damages kidney cells. On the “filter” of the kidneys, “holes” also form, and blood protein enters the urine. The so-called “hangover urine protein”, which normally should not exist. From damage to the kidney cells with alcohol, a “second-wrinkled kidney” develops. A primarily shriveled kidney develops from an ascending infection from the urethra, bladder and ureters.

Did the heart, liver, stomach, kidneys deserve such mockery of their “master” over them for their efforts to preserve the health of their “emperor”? Each person is an “emperor” of his body, and all of his cells are loyal soldiers of the emperor. A smart emperor protects his soldiers. In addition to the smart ones, there are others.

ENDOGENOUS ALCOHOL.

It may make sense to recognize endogenous alcohol as a neurotransmitter.

Many people know or have heard about the presence in the body of people of the so-called “endogenous alcohol,” the purpose of which is not entirely clear, and I assume that the endogenous alcohol produced in the body is needed not only as an option for quickly providing a person with energy, but also, connecting with the ethanol receptors of the brain and other nerve cells include the release of endorphins, which, through pleasure, encourage some developmental achievements. NATURE provides the joy of achievement by endorphins and

enables a person to enjoy the wisdom of coming ideas and his achievements.

It is possible that even without receptors, from its natural solvent properties, endogenous ethanol “simply” dissolves the lipid inclusions of the membranes of the brain cells, opening “passages” for the exit of endorphins, as an encouragement of a person for the results of development. I propose to consider the function of endogenous alcohol as a regulator of the release of endorphins from nerve cells to promote development. The very emergence of the idea, due to resonant moments, causes the release of endogenous alcohol, releasing endorphins to consolidate success. As soon as the idea of a solution has arisen, the problem ceases to be a problem, but becomes a task for a solution.

It can be assumed that every brain cell counts with GOD and the destruction of brain cells by any means is a war with GOD, which, of course, has already been lost from the very beginning.

The use of alcohol in large quantities, without preliminary labor and victories of achievements, "for free", opens up channels for ejecting endorphins from many nerve cells, without any creativity of people.

Alcohol is an obstacle to the primary design of GOD, which encouraged the labor and development of man by endorphins, for the further creation and art of people. Euphoria itself when drinking alcohol is not from alcohol, but the secondary process of excretion of endorphins, with the destruction of nerve cells by alcohol. And if, after drinking alcohol, a person feels euphoric, it means that there is already a huge number of nerve cells, but there is a certain amount of

endorphins from dead or damaged nerve cells, with the development of scar tissue in place of dead nerve cells, which causes the degradation of those who use alcohol of people, with their primitivization and dumbing down. No one has become smarter and healthier from drinking alcohol - this is a fact. The release of endorphins, after the death of brain cells from the action of alcohol, is like a "farewell" of dead brain cells to their "master": "Goodbye! I can't serve you anymore!"

The products of the oxidation of alcohol, in excess when ingested during booze, at the entrances to the tubules of the endorphins, turn into an excess of acetaldehydes, which not only block the receptors of brain cells that should be affected by endogenous alcohol and, thus, not only disrupt their normal activity, but they also cause symptoms of poisoning of the body during withdrawal due to the strong toxicity of acetaldehydes, which at the same time block both the production and release of endorphins.

Every biochemist knows that alcohol dissolves lipids - the fat-like tissue of the brain - faster than water dissolves sugar. With excessive intake of alcohol, there is a massive release of endorphin reserves, depletion of their reserves necessary for normal brain cell activity. Therefore, the behavior of drinkers changes. A certain time is needed for the oxidation of acetaldehydes during the hangover period and the restoration of the necessary amount of endorphins for the normal functioning of all nerve cells, not just brain ones.

It can be said that agonists, from their overabundance, turn into antagonists.

It makes sense to recall that there is still lipid tissue. These are the sex glands of people who damage their heredity with alcohol.

I would like to express the idea that dependence is a perversion of the natural acceptance of the existing, with the destruction of oneself, for the rebirth through oneself of "someone else" FROM INEXISTENCE. This is probably a utopia, but maybe not.

Because of the often hidden and unconscious self-complaint, a person agrees to execute himself with alcohol in order to revive another soul from INEXISTENCE, with the destruction of a part of his soul, providing a place for someone else's soul from INEXISTENCE to live at the expense of his life reserves.

"SPIRITUS" in the translation is SPIRIT. The production of alcohol goes through the stages of evaporation under high temperature and condensation upon cooling. Alcoholic beverages are one way of connecting or contacting EXISTENCE and INEXISTENCE. Alcohol - the point of transition of EXISTENCE into INEXISTENCE and vice versa. Each drinker is a different person, over whom an alien soul prevails. Those who drink alcohol can notice how a drunk person changes literally before their eyes. Therefore, drinkers are often called obsessed: someone else's soul prevailed.

I would even say that the feeling of joy after drinking alcohol is the joy of someone else's soul from INEXISTENCE, which penetrated into the living soul with alcohol and received "revitalization" due to the vital reserves of the living soul of EXISTENCE, part of which, perhaps, comes to INEXISTENCE at that time .

Thus, the use of alcohol is a renunciation of oneself and of the gift of GOD - life. Alcohol consumption is the dissolution of oneself in alcohol, as a service of entropy. With each drink millions of such communication stations die. A man, with his drink, cuts himself off from GOD.

When one nerve cell dies, the receiving and transmitting station of a person's connection with Cosmos, which means with GOD himself, dies. Maybe GOD counted on each of these stations when choosing a specific person from millions of germ cells.

The assumption that man is the apparatus for creating and developing the mind on the territory of our planet - the best (for us) of our entire solar system, is quite logical. And Nature provides man with the development of mental abilities. The Holy Spirit inspires humanity to develop the minds of everyone, providing freedom of choice, both for the development and destruction of the whole organism, as well as all its parts, physical, mental, and spiritual, in turn or immediately. It seems that Nature has given man freedom of choice: develop or destroy. Indeed, to receive new, it is necessary to remove or transform the old. Therefore, destruction goes into development and, most importantly, that destruction does not reach or exceed the limit of the possibility of recovery, with the right to choose the best path, depending on the level of mind and abilities, to increase the level of mind or to reduce it when the critical mass of destruction is exceeded. This is the plan of Nature. Those who choose development, Nature encourages with the development of a sense of developmental joy in achieving success, providing a person with the release of hormones of joy from brain cells - the same endorphins or some other neurotransmitters to consolidate the development processes, confirming the essence of man.

Those who choose destruction - they remain at the “old” level or degrade to the animal level due to the death of brain cells.

You can ask a rhetorical question: “Why do people grow sheep?” Everyone knows the purpose except for the sheep itself. Therefore, alcoholic drinks are needed for the gradual transformation of consumption into abuse of drinkers, with the transition to a lower caste of those who do not understand what is happening, hunting only for low-lying, easily accessible pleasures.

Everyone can imagine how the alcohol that enters the body after drinking alcohol passes through all the stages of intake, absorption, and filtration in the organs of the body, “gets” to the brain and penetrates into the brain cells of the cerebral cortex, which should receive food energy in first of all. Instead of food, alcohol dissolves the brain cells, turning them into food, but at the same time releasing their hormones of joy, providing euphoria to drink as a “distracting maneuver”: get your “buzz”. And the brain cell at that moment dissolves in alcohol and enters into subcortical structures, in which different centers are located, including centers or a pleasure center, which cells “use” the cerebral cortex cells dissolved in alcohol for their nutrition.

Everyone knows cannibalism, which no one has canceled in Nature. And with each drink, an increasing number of subcortical brain cells “switch” to “nutrition” by the brain cells of their own cerebral cortex, gradually turning a person into a sheep, so that the drinker himself understands this less and less. That is why there are processes of primitivization, dumbing down, turning into psycho, schizo, drinking alcohol, with a decrease in the spiritual level of mankind, with a decrease or

perversion of the NOOSPHERE OF THE SPIRITUAL STATE OF HUMANITY OF THE EARTH FOR INFORMATION TO GOD AND HIS CHOICE: IS THE EARTH WORTHY OF HIS WORK TO SAVE THE PLANET EARTH.

Drinkers think that they get cheap pleasure - a "freebie". They just don't understand what they pay, because the very possibility of understanding is destroyed by alcohol. Food is a need. There is no point in proving this. But drinking alcohol is not a necessity: even if you live soberly all your life and every cell will be in its place and will gratefully fulfill its mission for the functioning of the whole organism.

FOR SAFETY OF LIFE, IT IS NECESSARY THAT EVERY MILLIMETER OF THE ROAD OF LIFE AND EVERY SECOND OF LIFE BE SOBER!

It will be very unprofitable for manufacturers and sellers of alcoholic drinks, so they put in huge amounts of money to maintain the continued use by people of their goods.

Most people think that they themselves began to drink alcohol, not understanding how difficult and time-consuming people are attracted to drink alcohol. And the centers of addiction to alcohol of people have an interest in continuing to receive the brains of the "master" and strive to reach the "critical mass" of dependent cells, after which the resistance of the "master" is no longer possible. And when, the main part of the frontal lobe cortex cells will be destroyed by alcohol, when the consuming alcohol turns into a degraded creature and therefore, after the destruction of the frontal lobe cortex cells, it is no longer able to understand that it simply continues to "feed" the temporal cortex cells, parietal and occipital parts of the brain. The whole meaning of life of such a dependent on alcohol, the whole essence of this person is reduced to the continuation of

the drinks, and they live for the drinks. That becomes their purpose in life. Alcohol offers itself for the pleasure of alcohol, in return for the pleasure of life. Alcohol offers itself in return for everything, perverting the metabolism of the drinkers and distorting the behavior of the drinkers.

Enzymes are not able to neutralize immediately a large amount of alcohol and the resulting acetaldehyde. It takes time for the breakdown and removal of acetaldehydes from the brain tissue, after which the synthesis of endorphins is resumed to restore brain activity. The depletion of the ability of brain cells to produce endorphins due to the forced release of endorphins during drinking leads to rapid aging of the brain, loss of vitality and loss of joy in life. The word “endorphin” consists of two words: 1) endos - internal; 2) a morphine drug, the neutralization of which is provided by the body after performing its function.

It is noticed that especially “aging” of the brain is observed in drug addicts who, with the use of drugs, destroy the synthesis of endorphins in their brain. Therefore, the very existence of drug addicts is impossible without the receipt of drugs from outside.

The vitality and joys of life can be maintained and received only through love and “hobbies”. Everyone who has a “hobby” lives not only longer, but also more pleasantly, because with their creativity they keep in touch with the HOLY SPIRIT.

People who abuse alcohol captures the addiction to alcohol using the person’s control panel. This addiction occupies the “throne” of man, instead of consciousness.

You can ridicule or call nonsense everything, with the goal of not accepting for yourself any idea, as a phenomenon of cognitive dissonance, as well as the protective mechanisms of denial. This is one of the mechanisms of protection and resistance to the existing, when you do not want to know

something that may not like it. As you know, in the world there are many different things. According to the law of a sufficient foundation of formal logic, if something exists, it has enough reason for its existence. Actually, it's just common sense: "If something exists, then, of course, it has enough reason for its existence, since it already exists." But the whole point is that not everything that exists can correspond to our needs or our desires. It is clear that if there are fly agarics, pale grebe and much more, then we personally do not need this "much". There are syphilis, AIDS, plague, cholera and many other diseases, including all sorts of addictions, which we absolutely do not need to get sick. However, people get sick without having the desire to get sick, at least consciously. By the way, at the time of Pushkin, syphilis was a "fashionable" disease: since a person has this "fashionable" disease, then he is a favorite of women, popular with women. Pushkin himself wrote: "With Mercury in the blood" because then they treated syphilis with mercury, rubbing mercury into the "hard chancre" - one of the manifestations of primary syphilis.

NEUROTRANSMITTER NICOTINE.

Let me remind you that in the brain so-called neurotransmitters are secreted to transmit impulses through nerve cells. Some nerve cells "work" on adrenaline, norepinephrine (dopamine), others on acetylcholine, serotonin and others. And among these "other" neurotransmitters is nicotine. Up to 20-30% of brain nerve cells, the so-called nicotine-cholinergic brain systems, "work" on nicotine when nicotine is released to transmit impulses from one nerve cell to another.

When becoming acquainted with smoking under the influence of the environment, a novice smoker is faced with the body's protest in the form of "aversion" - an aversion to tobacco, as the body's information that the body does not need this. But the one who starts smoking, seeing emotions of pleasure on the faces of experienced smokers, thinks: "It should be good", and under the influence of smokers that "you will understand later - smoke", they continue to force tobacco smoke with nicotine into themselves, overcoming unwillingness to smoke and, as a rule, in abundance, despite the PROTECTIVE primary NATURAL aversion or hostility to smoking.

The body often uses the principle of laziness to save energy. After all, animals, only in cases of hunger are active, and in a full state they simply lie idly and digest food. Animals live in order to eat and reproduce, and people eat in order to live, create, develop themselves and develop the world.

And in the case of smoking, when a person smokes by sending *external* nicotine into his body, it makes no sense for the body to lose energy to produce its own nicotine, therefore, with smoking, the body ceases to produce its *internal one*: "if you give, then continue to give." And when the smoker, having developed a system of constant intake of nicotine through smoking, thereby caused a cessation of the production of internal nicotine in the synapses. If this person does not smoke for some time, a "congestion" forms on nicotine synapses: there is no transmission of impulses, which, of course, creates tension in the nervous system and psyche.

Imagine tension in about 20-30% of the brain when almost a third of the brain cannot function due to the cessation of impulse transmission and this, of course, is stress. But, as soon

as a person lights a cigarette, this resumes the intake of nicotine and the normal activity of these synapses is normalized, the congestion is relieved, the tension is relieved and the stress *is relieved*, which the person created for himself, destroying the natural process of nicotine production by smoking and replacing it with artificial from outside, due to the acquisition of tobacco, with the development of panic in the absence of cigarettes, fear of withdrawal symptoms in the absence of nicotine.

Rough estimates show that if a smoker smokes a pack of cigarettes a day, then this is, on average, 50 UAH in Ukraine. It's not difficult to calculate that a month is 1500 UAH. And for the year 18000 UAH. For 10 years, 180 000 UAH. Not bad!! Moreover, many people smoke two packs of cigarettes and more.

But money is the little things. The main thing is different. Almost always and almost everyone lacks joy in life. Smokers simply artificially create an opportunity for themselves to rejoice, providing themselves with artificial joy by restoring the passage of impulses in the synapses by receiving nicotine from tobacco. In addition, everyone knows the expression that "a gram of nicotine kills a horse." Therefore, some milligrams of nicotine can easily kill a certain number of brain cells, with the release of endorphins, complementing the sense of joy to encourage smoking. There is a situation: "You do not want natural processes in yourself - get substitutes and pay not only with money, but also with your health."

Therefore, you should pay attention to the fact that, first of all, from burning smoke, the delicate cilia of the ciliary epithelium of the bronchi die, which with their movements eject the inhaled dust and the resulting sputum. When the ciliated

epithelium of the bronchi dies, soot and sputum is retained in the smoker's lungs, causing a cough from irritation of the lung nerve receptors. A cough creates an increase in air pressure in the lungs, which in the bronchi, refined from smoke, in many bronchi creates their extensions - the so-called bronchiectasis (saccular, cylindrical), in which microbes accumulate, pus, which creates the very unpleasant smell of exhaled air of smokers. Due to the death of many bronchi, lung tissue is replaced by connective tissue - scars, with the development of pneumo-sclerosis (scarring of the lungs), emphysema ("bloating of the lungs") and shortness of breath, as an indicator of pulmonary insufficiency in broncho-ectatic disease. It is important to remind or simply pay attention to the fact that the bronchi themselves are "simply" air-conducting tubes that deliver air to the so-called acini — the most delicate "bubbles" through which oxygen is supplied to the blood and carbon dioxide is removed from the blood. With each smoking, an increasing number of these "bubbles" - acini is destroyed by smoke, acini die and are replaced by scar tissue, which is not able to carry out gas exchange. Less and less of these acini. The surface of the possible gas exchange decreases with each smoking, while increasing the need for smoking. At the end of his life, the smoker needs to have an oxygen cylinder nearby, as the famous director O. Efremov, because the surviving acini are no longer able to provide enough oxygen for breathing and for life.

Like in a sunken submarine: I want to breathe, but there is no air!!!

Even without taking into account the many so-called carcinogens (substances that cause cancer processes: 3,4-benzpyrene and others) contained in the smoke, permanent damage and cauterization of lung cells with smoke alone causes

the body's defense process in the form of increased reproduction enhancement cells of the vocal cords and bronchi as a protective process of the body for damage, which after some time causes the vocal cords to condense as a precancerous process or accelerates the cancerous degeneration of the cells of the vocal cords of the larynx, with the need to iterative intervention, removal of the laryngeal tumor and forced insertion of a tracheostomy - a special tube in the throat for breathing. If you want to have a pipe in your throat - smoke. And, of course, lung cancer and cancer in various other places.

Despite all the understandings of the dangers of smoking, it is very difficult for smokers to give up smoking not only to resume transmission of impulses in the nervous system, but also absence of wish to lose their addiction to a cigarette, as an object of providing an additional ersatz of joy when a cigarette is rejoiced as something close and dear that provides affection. Addiction is very important to people, which means that you need to keep in mind the need for people to addict. Close affection for others, primarily close people, is the axis around which a person's life revolves, not only when he is still a baby or teenager, but also in his maturity and old age.

It is often possible to observe how parents, together or in turn, demonstrate, to put it mildly, inattention to their child, to whom the love of parents and the very facts of this love in the form of their parents' affection for him are extremely important. However, the children clearly lack the affection of their parents, as a demonstration of his uselessness for them, not to mention the facts of aggressive behavior and the cries of their parents. Love in the world is less and less, and anger and discontent - more and more. Many parents pay more attention to smoking than to their children. But it is from addictions that

people derive strength and joy. Addiction through imitation, copying, and through similarity. Very often affection is through affiliation and devotion. Addiction through significance, with the need to feel that someone needs you. Addiction through feelings of unity or community: all smokers demonstrate: "we are all of the same blood." The behavior of parents is the norm and a role model for their children. Not receiving love and warmth from parents, then it is very difficult to give them to other people. A child who is not loved by his parents always believes that he is not worthy of love and does not occur to him that his parents may have a defect in the ability to love. Since childhood, every child has a desire to have a loving, and not just a beloved parent, in order to find support and attention in them.

But the attention of parents is paid more to other processes, including smoking, and this is a suggestion to children of a model of not only behavior, but also the very way to satisfy attachment, in the form of the need for smoking as a tool and a model of attachment.

Child protection is implemented through physical contact with parents. Over time, this contact is *replaced* by contact with a cigarette, which becomes a symbol of affection and receiving an ersatz of joy.

The main thing: smoking satisfies the unmet need for attachment, through attachment to a cigarette, AS TO AN OBJECT. We can say that all smokers are "disliked" people, and smoking itself is a symptom of a lack of love and compensation for the ersatz of love.

Maybe the time will come when the youth themselves will give up tobacco, as over time people understood the danger, destructiveness and "not fashionable" concept of syphilis. But

even in a nightmare, tobacco producers and sellers do not want to see it. And that could be my utopia as well. History has told us that in Russia, before Peter the Great, no one smoked and all stresses were resolved without tobacco and no smoking was needed. It was Peter 1 who lifted the ban and forced smoking in Russia, since tobacco made the state a monopoly. Before his smoking, Peter 1, like a soldier, could sleep in the snow near a fire, bathed in an ice hole at baptism, and now, having wet his feet during one of the floods, he received pneumonia. There were no antibiotics then and pneumonia was equal to the death sentence. Imagine when a person suffocates from a lack of air, wants to breathe, and foam comes from the lungs. The body will take revenge for the destruction.

At one time, I suggested that people with different states of psychosomatic insufficiency, more often of a neurotic nature, breathe a mixture of oxygen and carbon dioxide, the so-called carbogen (5% oxygen and 95% carbon dioxide) and in most cases this helped to improve well-being, though often caused slight dizziness, easily removed by stopping inhalation of this mixture. Then, helping people was simplified to simply holding their breath. No need to pay anyone and, most importantly, everyone is personally involved in their salvation. After all, the LORD gave people everything for salvation in the body of everyone, you just need to boldly include these abilities, and not wait for salvation from doctors and medicines.

What will patients who are depressed, neurotic, addicted lose if they make themselves more active in alleviating their condition? It is important to understand that all diseases have a passive factor and when they are chronically ill, they have secondary benefits of a different nature, including treatment, in order to later be offended by the whole world and blame

everyone for their illness, because being offended and blaming is “sweet” for those who are used to being offended and they are looking for a reason for their grievances. This is also why most people refuse to take part in their salvation.

And for those who really want to save themselves from smoking, I propose a very effective method of getting rid of tobacco cravings: if you develop cravings for smoking, you just need to hold your breath as long as possible, fix your breath holding period in order to increase the delay itself and “catch” joy of resuming breathing, as if for the first time received breath from GOD.

After the impossibility of holding your breath longer, “catching” the feeling of pleasant inhalation and the pleasantness of the purest breath. The very pleasantness of inhalation suggests that the body releases endorphin to promote this method of tobacco control.

With repeated constant holding of breath until victory over smoking, the body itself will restore the production of nicotine in nicotine-cholinergic systems, the production of which was discontinued due to the intake of external nicotine, which will have to be restored in order to return a person to his natural state for survival itself.

And to help the body return to its natural state and return to natural processes, take nicotinic acid as a material for synthesizing nicotine and some sedatives to alleviate irritability of the nervous system at this time.

Holding your breath is the most free treatment and it resists and is easier to rebirthing. And you can combine breath holding and holotropic breathing. After all, everyone can

experiment with one and the other in turn or separately. One must “simply” periodically include self-care and receive the joy of breathing and life. Everyone remembers that there will be NO other life, ay least, in this body!!!

In cases with drugs, addiction develops much faster than with tobacco or alcohol, because the drug, when it enters the body, possibly due to autoimmune processes, blocks the production of its own endorphins and the existence of an addict becomes impossible without drugs from outside. Addicts are addicted to drugs. Hospitals and rehabilitation centers rely on medicines, that is, on “chemistry”, however many have already seen that what is destroyed by “chemistry” “does not want” to be restored by “chemistry”. If we proceed from the fact that the spiritual, “condensing” “creates” matter, then for the renewal of damaged matter it is necessary to connect spiritual methods, because the use of material means has proved in practice the limits of its usefulness. It is virtually pointless to rely on the patient’s will, and the patients themselves go to the doctors so that the doctors “take” their addiction. Therefore, to increase the chances of activating the actions of doctors in hospitals or rehabilitation centers, I propose to use not only breath holdings, which, when breathing is resumed, give joy to breathing, by restoring the production of endorphins in drug addicts, the production of which is destroyed by drug use. But I would also suggest in these cases to combine breath holding with rebirthing (holotropic breathing), immediately after the cessation of breath holding. In addition, I have repeatedly recommended to addicts and their loving wives the use of masturbation or sex to enhance recovery of the release of endorphins. Thus, alternating these different actions, without any “chemistry”, the participation of drug addicts is included to increase the effectiveness of salvation, which will be facilitated by the restoration of endorphin

synthesis. It is known that drug addicts are active only in the search for and demands for their own drugs. And in my proposal, it is the absence of air that sets the line of life and death with the stimulation of the desire to live in a natural state.

If you do nothing, then everything will be old like always. But if this method is used for a certain time to stimulate the possibility of returning the blocked synthesis of endorphins, then a definite result will be achieved. Cheap and angry, absolutely safe, this offer allows incurable drug addicts to escape and "get rid" of their dependence in order to return to their natural state and natural mode of existence. This proposal is a test: does the patient really want to be saved or is he just talking about it?

BUT HOW CAN THIS APPROACH BE COMMUNICATED FASTER TO THE WHOLE WORLD, BECAUSE MANY MAY NOT HAVE TIME TO BE SAVED? BUT COULD!

Now humankind is at a confused. What should we do with drug addicts? For all the measures taken have not justified themselves, and there is a deterioration in the situation with drug addicts. When a person has advanced cancer and needs only relief from suffering, everyone understands this. But there are still not enough people who agree that drug addicts are already an irrevocable part of society, for only a few are able to return to society. It is known that addiction among addicts is very strong, and drugs are the main, in fact, the only priority for the life of addicts. You must try at least something to do with it. Since drug addicts are interested in taking drugs and the ONLY thing that can be offered in this case is not just to allow them to get drugs through the substitution therapy system, but to create an isolated place of residence for drug addicts, where they will constantly reside and constantly receive drugs "to choose from".

Drug addicts do not actually eat, and therefore they need only one meal a day. They only need to get drugs. To ensure that they receive this drug precisely from those drugs that are seized from distributors and sellers, and which are forcibly sent to serve drug addicts in this special zone of drug addicts for some time.

Such a content of drug addicts will be more beneficial than the current situation with them. This will make it impossible for drug dealers to make their profits. It is they who will shout most of all about the prohibition of such actions. Those who shout the most about preventing drug addicts from getting drugs freely are those who are interested in maintaining the status quo - their former status. These isolated places can be created in the Chernobyl zone, where they can grow poppy, which is not as destructive as modern "salts".

The return from this closed system is only through treatment. Perhaps, after some time, the volunteer service of the "former" drug addicts served the remaining drug addicts. This approach is necessary to protect the rest of the country's population.

Everyone understands that treatment is the core of the problem. The main thing is disease prevention. To prevent the occurrence of addiction diseases, it is necessary to help young people develop, first, by structuring their lives, especially free time.

I suggest using the summer months from June to August to attract students in grades 7-10 to study military training in military camps. At this time, train them to use military weapons, master military equipment and master the repair of equipment and weapons. Mandatory Aikido training.

At this time, they should be attracted to sports and art. During their stay in military camps until the 11th grade, students will become ready-made defenders of their homeland. In addition, military camps will automatically bring up responsibility for the younger generation, and contribute to development.

Studying in these camps, mastering military professions young people can decide on their future specialty in order to find their profession. Not necessarily military.

OUR SOLAR SYSTEM.

From the structure of our solar system, we know that our Earth (the best of all the planets, at least for us) is the third in its orbit around the Sun, in the next orbit is the planet Mars, and in the next orbit beyond Mars, is the orbit of “stones” - asteroids, remnants of planets, meteorites, which, for billions of years of the existence of our solar system, flew into our solar system and hung there.

This “zero” orbit is probably needed in order to protect our mother planet Earth, the best (for us) of all the planets. However, perhaps, for use in other purposes, for example, for the destruction of creatures that God does not need any more, on the Earth, suppose dinosaurs or stones out of this orbit.

Perhaps this is a warning to people from GOD: “People see how many times you could be destroyed! But I love you! I need you!” Perhaps it is precisely for this that it was “placed” on the next, behind the orbit of stones - the orbit of Jupiter. The huge planet Jupiter, which is “only” 1000 times smaller than the Sun and which is 780 million kilometers away from the Sun precisely in order to create a “zero” orbit beyond the orbit of Mars, in opposition to the gravitational fields of the Sun and

Jupiter, to protect our, the best (for us) of all the planets - our mother planet Earth. In this “zero” orbit, fragments of planets, asteroids and meteorites, “flying” into our solar system, are “forced” to prevent damage to our wonderful planet Earth, where the Lord created people.

And when all of humanity was scared by the year 2000 and 2012, as the years of the destruction of our planet by a celestial object, then everyone should remember that when approaching the last known celestial object dangerous to Earth, the planet Jupiter displaced from its orbit and approached the Sun at a distance of 550 million km and with its gravitational field, Jupiter distorted the trajectory of a celestial object dangerous to the Earth, which fell into the sphere of influence of the gravitational forces of Jupiter and fell on it. On the Internet you can see how, when this celestial body fell on Jupiter, there was a surge of liquid methane from Jupiter. For Jupiter, it was “just a surge”, but for the Earth, or for humanity, it would be the end. Who organized our salvation by saving mankind on such a scale? The answer may be one and this is not an accident.

After all, when it was necessary to correct the mistakes in the development of life and eradicate dinosaurs, then an option was used that was associated with some kind of asteroid, including, possibly, from the orbit of stones.

A decrease in the spiritual level of mankind leads to a decrease or perversion of the NOOSPHERE of the SPIRITUAL STATE of mankind of the EARTH for information to GOD and HIS choice: is a person worthy of the LORD’S work to save and save the planet EARTH.

When atheists claim that they do not believe in GOD, this gave me the idea of a metaphorical comparison: there are a lot

of cells on the tip of the finger and here one cell “says” to the neighboring one: “You know, they say, there is some kind of heart that pumps incoming to blood for us! “ In response, its “neighbor” proudly declared: “What is heart?! Have you ever seen this heart? Let them show us this heart, then we will believe in it! And the blood itself comes to us and leaves. It has always been this way and always will be”. You understand that a cell that can only be seen through a microscope cannot show the heart. But this does not mean that the heart does not exist. I think every reader understands that I'm not talking about cells at all and not about the heart at all.

GOD created man so that HE and man would not be lonely and had someone to evaluate and reflect on the existing, past and future. The main thing is to be more interesting with each change in the descendants and give options to make life more interesting. And each person simply falls into his own piece of time and space according to the will of God, and therefore everyone is needed in his place. GOD put, at all times, each person in the first place (after MYSELF), so that HIM had someone to love and who to take care of and who to send ideas of development through the human brain, as well as who had HIM to love and provide his "airfield "Brain for the" landing "of the ideas of the SPIRIT OF THE HOLY SPACE MIND, for the continuation of the development of ETERNITY in the constant change of time generations. And also so that there was someone to admire the beauty of the UNIVERSE. After all, not a single cow, probably, admires the wonderful beauty of the starry sky and others.

It should be noted that it is information that governs the world. However, without a receiver, a carrier, a user, a consumer, and a creator of new information, any information is useless or

meaningless. Therefore, man was created to comprehend the incoming information, their use and application.

LIGHT SPEED SQUARE.

Everyone knows A. EINSTEIN's formula for the relationship of energy and mass: $E = mc^2$. Where E – energy, m – mass of substance, c – speed of light in vacuum, equal to 299 792 458 meters per second, which all round up to 300,000 km/s.

We were taught and introduced in the school with the force formula: $p = mv$, where p is force, m is mass and v is speed. I wonder what the difference between power and energy is. There is also a kinetic energy formula: $E = mv^2/2$.

Of course, for ordinary Earth conditions, these formulas are understandable: when the mass of the hammer flies at a certain speed - there will be a blow of a certain force. But if the mass of a sledge hammer, not a hammer, will fly at the same speed, then, naturally, the impact energy will be much larger. It's the same with speed: if you just gently put the hammer on your hand, then the energy will be small even for causing pain, and if the speed of the hammer is "full swing", then it will be completely different.

If A. EINSTEIN decided to offer his energy formula: $E = mc^2$, then when considering this formula, there is some doubt: does such a speed exist in the Universe? Indeed, the universally recognized maximum speed is the speed of light, but not its square (approximately 90 billion km/s). How and why A. Einstein decided to change the already known formulas of force and kinetic energy, and by what calculations he came to this formula, is the area of physicists.

To a simple layman, the speed of light in a square seems "nonsense" and he does not really go into mathematical and physical formulas. Also, when teachers explain the dual nature of light, students do not really "bother" that light is both a particle and a wave, which together form light, which we can call a field and, based on simple thoughts, anyone can assume that the field is the unity of the quantum wave structure. And if the light itself has its own speed, then there can be much greater speeds inside the light — these are the speeds of instantaneous transitions and simultaneous mutual transitions of the internal structures of light and the square of the speed of light — this is most likely the speed of simultaneous or simultaneous (instantaneous) transitions of interconnected internal components of structures composing light.

At the same speed, apparently, the electron, like a particle, goes into a wave or the wave goes back into a particle, creating a field. Therefore, it makes sense to speak not of the dual nature of light (photon-wave) but of its triple nature: the photon-wave-field, with the speed of transition of particles into the wave and back in the form of the square of the speed of light, which, probably, is the maximum possible speed of the UNIVERSE. This speed can also be called the speed of simultaneity or simultaneity.

It is known that matter is "absorbed" in the "BLACK HOLE" with something, and that's all: both matter and light "disappear from the eyes" of the Galaxy. Logically, what "disappears" cannot be obtained from "multiplication", but, apparently, this is possible only from "division". Thus, in the case of "disappearance" of matter, and energy, and light (which, and energy, and matter, and the field), then this "disappearance" can only be due to division, turning into zero or minus.

As a manifestation of the law of unity of opposites, we can assume that matter is matter, and energy is antimatter. Substance turns into antimatter (energy), and energy turns into anti-energy (substance).

If you do not change the constituent elements of Einstein's formula, but assume that under the conditions of the "BLACK HOLE" the mass is divided, not multiplied, by the speed of light: $E = m/c^2$. That is, for the conditions of the "BLACK HOLE" it is necessary not to MULTIPLE the matter by the "primary" (according to the Bible) light energy, i.e. on its square of the speed of light according to Einstein, but DIVIDE. And the formula for the relationship of energy and matter should look, in any case, for the conditions of the "BLACK HOLE" not $E = mc^2$, but: $E = m/c^2$. Then matter itself is formed from energies: $m = E c^2$. An amendment in Einstein's formula is proposed intentionally for the "BLACK HOLE", however, do not exclude that this amendment can be used in other situations. Perhaps these reflections will give some new impetus to theorists for new reflections. Who can know the plans of the HOLY SPIRIT?

When nuclear energy combines with thermonuclear ($E c^2$), what we have in our Sun is a thermonuclear reaction, with the formation of 2 hydrogen atoms (two protons), i.e. from energy, one atom of helium is obtained, i.e. new matter, with the release into the space of our galaxy not only new matter, but also heat and light. Thus, the synthesis itself causes an increase in both substance (matter) and energy. That is why we see an increase in both substance and matter. Even the increase in warmth and the number of people gives us convincing confirmation of my words.

Thus, in the "BLACK HOLE", matter turns into energy, and everything (matter, and energy, and light) GOES into the depths

of our galaxy or into the depths of the UNIVERSE galaxies. I propose the idea that at the same time in the “BLACK HOLE” part of the energy is used as the reactive thrust of the movement of the galaxy across the Universe, both for “scattering” of galaxies and for the formation and maintenance of gravitational fields (energies) to maintain the integrity of the galaxy for the period of its existence.

And in the stars, as in our Sun, and, possibly, somewhere else, such as in quasars, - energy turns into matter, heat, “solar wind”, light and all this COMES into ours and other galaxies, scattering between galaxies and form “DARK MATTER” and “DARK ENERGY” - the unified unity of matter and energy - the intergalactic space of gravity, as the intergalactic forces repelling galaxies from each other due to the sum of all energies precisely for their “repulsion and” scattering”, instead of the notorious “BIG”. Thus, the “BLACK HOLE” itself is a jet engine of galaxies for moving around the UNIVERSE. At the same time, the reactive thrust of the movement of galaxies in the Cosmos simultaneously restrains the planets together in one galaxy, creating the integrity of each galaxy, probably due to the “sucking” power of the “BLACK HOLE”. Galaxies that are not like ours, SIMPLY have more than one “BLACK HOLE”, i.e. have several “ENGINES”, possibly after the merger of galaxies, with their result.

All interactions, mutual transitions are eternal, everywhere, always and in such a way that it may well be that the processes of reactive thrust of galaxies from “BLACK HOLES” and the processes of matter, energy and light entering galaxies from the UNIVERSE-FROM GOD are involved in creating gravity.

THE UNIVERSE is infinite precisely because the end passes to the beginning, like a biological body, decaying into molecules,

atoms and to elementary particles (which are not at all elementary), gives material and the start of the processes of unification and creation of a new biological or other body. If matter disappears (in the BLACK HOLE) and appears in the stars of the UNIVERSE, then the law of conservation of matter and energy of Lomonosov is somehow preserved. However, as we see, people, matter and energy are becoming more and more, as evidenced by even climate warming. And if everything comes from the "NOTHING" to the UNIVERSE, then the UNIVERSE has its LAW of the CONSTANT ADDING OF ENERGY AND MATTER, due to the generosity of the LORD, which directly proves the existence of GOD, of course, if this is no longer the inclusion of the future destruction of the existing.

Development is the result of destruction and destruction "pushes" development. Cause and effect, as always, mix and go in circles.

Probably, we can talk not about different UNIVERSES, but about different states of different parts of the UNIVERSE organized according to the Mobius band at different times with different states and different capabilities and, probably, abilities. And life is a chemistry that transforms into elementary particle physics and vice versa in turn. Of course, everyone is interested in how, what forces and how specifically galaxies force to scatter around the UNIVERSE, because, nevertheless, the theory of one "BIG EXPLOSION" is not entirely convincing for many billions of years.

It is likely that the explosions were, as a compound of a substance with an anti-substance, for the development of galaxies, as a compound of an egg cell with a sperm cell, to start cell division and multiplication, but in the future many explosions in the galaxies and the UNIVERSE are needed for constant

movement and repulsion from each other, due to the constant joint forces of interaction of the galaxies themselves, both due to the dispersion of energies from the "BLACK HOLES" of all galaxies, and due to thermonuclear processes of the synthesis of matter from energies IN STARS, for rotation of the millstones ALL NNA. Perhaps galaxies with more than one BLACK HOLE are "complex" or "old" galaxies, as a result of the merger of "simple" or "young" galaxies.

When there are nuclear and thermonuclear explosions that cause the synthesis of matter, as well as the "scattering" of matter and energy, we seem to roughly think that we understand, but how does this process of a "vacuum cleaner" that sucks in itself, like an intensified vacuum, everything in "BLACK HOLEES", and probably holding all the stars within one galaxy in order to absorb energy, matter and light, it is something anti-explosive, turning into explosions, giving a reactive thrust of the movement of galaxies across the UNIVERSE and, possibly, anti-gravity.

"BLACK HOLES" on their own "vacuum cleaner" forces "fasten" their galaxy into its unity for the duration of the existence of the galaxy, to destroy it in the future. "BLACK HOLES" is a place of joining the process of EXISTENCE and INEXISTENCE, as part of a single process and not just the annihilation of matter and energies, but the point of transition of EXISTENCE to INEXISTENCE, so that the second part of the whole process begins in EXISTENCE - the inverse process of going from EXISTENCE to INEXISTENCE. Probably there is a flip of Mobius strip. I propose to consolidate one paradigm of the ETERNAL UNIVERSE, consisting of BEING and NON-BEING, as the unity of GOD, if only because if there are other universes, then our UNIVERSE is not the UNIVERSE, because the UNIVERSE contains

everything - and EXISTENCE and INEXISTENCE. And what is considered different universes is, in fact, different states of a single UNIVERSE in different places of intersection of spaces and time.

THE UNIVERSE breathes — galaxies scatter — this is the inhalation of the UNIVERSE and when the vacuum from the recession of the galaxies reaches its maximum (in fact, the minimum — the “NOTHING”, which is actually the maximum of inspiration) - the exhalation begins - what is now called the “BIG EXPLOSION” and the new the beginning of the breathing cycle of the UNIVERSE, which breathes energy. Or vice versa - the UNIVERSE is exhaling now - the galaxies are scattering and at the maximum moment of exhalation, there will be a maximum vacuum for inhalation and this inhalation will be a “BIG EXPLOSION”. Galaxies run to the place where, when the galaxies collide, there will be the same “BIG EXPLOSION”, after which they will scatter again - the UNIVERSE is “breathing” forever. Maybe, after all, there is no point in denying this same “BIG EXPLOSION”, which “SIMPLY” is repeated.

If we just think about the breathing of the UNIVERSE, this thought can lead us to the thought of the existence of certain circuits. This can be due to the analogy with the large and small circulations of blood, once discovered by Harvey. Thus, there should be the heart of the UNIVERSE, which can be called the engine of the UNIVERSE for the circulation of energies, where the ubiquitous Mobius strip is reversed. You cannot do anything without it. You may notice that this tape has a kind of small and large circle, which, probably, can move, turning the smaller circle into the larger one, i.e. making them change. And the UNIVERSE itself, that is, its material part with all the galaxies and their stars, is flying and spinning in a space, which is

the HOLY SPIRIT or COSMIC MIND. Therefore, every galaxy, and their stars, and planets always have direct contact with the HOLY SPIRIT!

The square of the speed of light is a sign of the one-dimensional existence of opposites. After all, it is so fast that, in fact, at once.

After all, both light and an electron are simultaneous and a particle and a wave, and we can add that this is simultaneously a field, i.e. matter itself is not dual, but triple: a particle, a wave and a field in its unity. SPIRIT seems to be dual: HE and SPIRIT and HOLY, but HE is also triple - HE breathes wherever he wants. GOD is structural in the unity of GOD THE FATHER, GOD OF SON AND GOD OF THE HOLY SPIRIT. A man is also threefold: he has a body, but without a soul, a body is dead and only a soul gives life, and without a spirit gives reason, a man is an animal into which a person turns into, destroying his mind with alcohol and drugs, splitting himself up into alcoholic sober and drunk, smart and another. Is alcoholism a kind of schizophrenia? Drinking doesn't make anyone smarter – VICE VERSA.

The HOLY SPIRIT chose me, like many others, inspiring ideas to convey to people. The ideas of non-specialists can be important, and those who consider themselves to be experts often ignore non-specialists because of their non-specialist status. The HOLY SPIRIT can come to every person at any time, so you need to show respect for HIM and write down all the ideas that HE sends to us to share with other people.

Plato also said that ideas come from outer space. This means that ideas can visit the one whom the SPIRIT of GOD chooses, if a paradigm shift is needed to accelerate development,

and then a person far from science can be used. If only the arrogance and pride of scientists did not interfere with looking at something from a different angle and as something new or forgotten old.

If ideas really come from outer space, then it is understandable why in history there are simultaneous or almost simultaneous discoveries that came to different people with different language barriers. That means the COSMIC MIND or the INFORMATION-ENERGY MIND, which can be called GOD, encodes the meaning and it is also a secret how exactly the encoding of meaning occurs and how it is decoded in different places by different resonance processes of different people.

GOD (SPACE) (UNIVERSE) CONTAINS A BANK OF IDEAS, from where mankind receives ideas for development and where the emerging ideas of mankind are stored, processed, developed and received in the future for future generations of people.

The transitions of matter (particles) into the wave and vice versa, with the emergence of the field (energy), are the basis of life and every person is needed for the eternal embodiment of the HOLY SPIRIT through the flesh of each person, constantly changing.

At the level of elementary particles, after the decay of any body to electrons, positrons, protons, neutrons and other elementary particles, attraction and/or "suction" is created, which automatically recreates their new union into a new structure. Elementary particles find a mate, perhaps on the basis of DNA or "by chance", but most importantly, regardless of nations! Thus, eternity is ensured by the constant interchangeability of the temporary. As a person is mortal, but humanity is eternal (relative).

The principle of self-development through self-destruction - perhaps all of this is GOD, who created this principle. And interdependence (often unknown) can be called love.

Of course, you can love the stones, comets, stars, and the millstones themselves, which ONE created and ONE rotates, but the living created in its OWN likeness is to love, as the FATHER is probably more pleasant. The meaning of the UNIVERSE is to create life, and the meaning of life is the development of consciousness. And the meaning of consciousness is the possibility of the embodiment of the HOLY SPIRIT, again for the development of the new and the creation of the new, because it is more interesting to live and exist even THAT.

The finer the matter, the easier it is to mix everything, the better the conditions for new compounds during development. This principle holds back or orders the entropy of destruction. As there is an energy-material unity, there is a spatio-temporal unity. That is, if energy is matter and matter is energy, then space is time and time is space with all the laws of mutual transitions and all this at the same time in each other - due to the principle of self-organization because both matter and energy are forced to be in space and time.

As there is an energy-material unity, there is a spatio-temporal unity. That is, if energy is matter, and matter is energy, then space is time, and time is space with its laws of mutual transitions. All this at the same time in each other - due to the principle of self-organization. For both matter and energy are "forced" to be in space and time. Therefore, we can propose, by analogy with the interdependence of energy and mass, a formula for the interdependence of space (S) and time (t): $S = t c^2$ c- speed of light.

Then time from this formula is obtained from dividing space by the speed of light squared: $t = S / c^2$. Maybe this formula will tell the future discoverers of the laws of space and time.

Just as chromosomes in the body of parents, before creating a new life, are separated for half-set before merging into a full set in new structures, so matter and energy are separated to combine in the new conditions of time and space into new structures for infinite development.

Often the level of modern knowledge lags behind the desired level. New ideas are needed for development, including “therapeutic” ideas for new approaches to modern patients, as the beginning of a new paradigm and which in some ways may not coincide with the modern general worldview of scientific thinking, but which may give rise to a new look at problems and may be more accessible to people’s understanding, even as a promoter of a new understanding and a new belief for salvation.

Currently, electrons and positrons are known. However, positrons are also discovered - particles with an electron mass, but with a positive charge. There are also neutrinos that permeate the whole world, but supposedly without charge. Maybe electrons rotate in one direction, positrons in the other. But neutrinos rotate in both directions, as if “drilling” space, with the same momentary speed for linking interatomic or interstellar interactions.

In addition, we know about the existence of protons and neutrons with the same mass, but with a positive charge for protons and a lack of charge for neutrons. Somehow it begs, because in this bunch the particles with the mass of the proton and neutron are somehow “missing”, but the negative charge,

which can be called “otriton” or “negaton”, which is still simply not open and which is “hidden” in its function and “manifests itself” in some kind of “mismatch” in the symmetry of protons with neutrons in the nuclei of atoms. Maybe “otritons” (“negatons”) are hidden in interaction with positrons. Protons, possibly combining with electrons, form neutrons. Perhaps neutrons are a common "product" of the combination of protons with electrons and “ertons” (“negatons”) with positrons? If the protons were connected with the “otritons” - there would be a double mass, and these are not neutrons. But maybe there are doubled neutron masses. After all, there are deuterium and tritium.

It should be noted that it is information that governs the world. But without a receiver, a carrier, a user, a consumer, and a creator of new information, any information is useless or meaningless. Therefore, man was created to comprehend the incoming information, their use, application and creation of new information.

GOD loves to ask people questions so that it is more interesting to live. Of course, any description of reality is not comprehensive and answers all questions. Therefore, any new approach suggests raising new questions. Complete truth is unattainable when discovering only a part of the truth. No one but GOD can ever embrace the whole reality. Therefore, the hypotheses of different people are necessary as options for clarifying part of the truth from different points of view. Therefore, the HOLY SPIRIT uses those whom it chooses to submit different models and different versions of the model that “just” crowd out or complement each other. People are forced to create theories that are incompatible, maybe for now, with existing and recognized ones. Alternative theories accelerate the

development of science. It is known that the accepted standards over time become a brake on new ideas.

I want to give people pleasure in learning a new or different approach because the new things are interesting. This is the principle of the joy of learning new things. This is the essence of the new. However, not everyone fits the new. Therefore, everyone chooses what suits him.

If the LORD does not give people the opportunity to understand something, then it remains for us to humble ourselves and wait for HIS permission and inspiration to comprehend something in a certain way and enjoy it. The depletion of the ability of brain cells to produce endorphins due to the forced release of endorphins during drinking leads to rapid aging of the brain, loss of vitality and loss of joy in life. Only through love and “hobbies” the vitality and joys of life can be maintained and received.

UNIVERSE IS PERPETUUM MOBILE.

The eternal engine (lat.*Perpetuum Mobile*) is an imaginary, unlimitedly long acting device that allows you to get more useful work than the amount of energy communicated to him from outside.

We can say that GOD is something that we do not know and are unlikely to ever become known. After all, from somewhere additionally comes matter and energy, and there can be one thing: GOD gives a part of himself for the development of the UNIVERSE, as he gave his son to save mankind.

GOD IS THE SOURCE OF EVERYTHING, INCLUDING MATTER AND ENERGY, THEREFORE THE UNIVERSE IS THE PERPETUAL MOTION MACHINE. IT IS DUE TO THERMONUCLEAR FUSION IN THE UNIVERSE THAT BOTH MATTER AND ENERGY ARE

ADDED, WHICH IS IMPOSSIBLE IN THE CONDITIONS OF THE SMALL SIZE OF OUR PLANET, BECAUSE IT WILL SIMPLY BURN UP OR BURN UP! THEREFORE, EVEN A COLLIDER IS A SUICIDE OF MANKIND. ALREADY NOW IT IS NECESSARY TO ESTABLISH ENVIRONMENTAL ENERGY SOURCES TO COMBAT WARMING, WHICH WILL BE USEFUL IN MOMENTS OF "FREEZING" OF THE PLANET.

TESLA COULD NOT CONVINCED THE TYCOONS OF DEVELOPING AND INCREASING CHEAP ENERGY, BECAUSE THEY DID NOT WANT TO LOSE THEIR FACTORIES AND PROFITS, ESPECIALLY THE MORGAN. THE SAME THING IS HAPPENING NOW WHEN ENVIRONMENTAL ENERGY SOURCES ARE SUSPENDED.

OLIGARCHS - YOU WILL BE DESTROYED ALONG WITH YOUR MONEY AND ALL OF HUMANITY, BECAUSE EXCEPT IN WAR, DRUGS, AND THE TROUBLES OF HUMANITY, YOU DO NOT WANT TO INVEST YOUR MONEY.

It has long been recognized that every person "repeats" the UNIVERSE. Aging and the disappearance of man is a reflection of aging and the disappearance of the galaxies themselves for their changeability to other galaxies and thus preservation of the UNIVERSE in this way.

Eternity is ensured by the constant interchangeability of the temporary. A person has a body, soul, mind, and there is also something that is aware of itself and its body and its feelings and thoughts — this is everyone's special "I", like a model of GOD.

GOD is a rational energy that creates everything, including itself, condensing energy for transformation into matter, and matter, as if "dissecting", turns into energy so that energy "returns" to matter for constant replacement of GOD - WORKER. THE UNIVERSE WORKS AND A PERSON HAS BEEN CHOSEN TO

CHOOSE THE SERVICE OF GOD by working and developing all his time, given ABOVE.

If people of antiquity, looking at the sky, saw that the Sun, the Moon and the stars rest on “nothing”, then the Earth also rests on “nothing”. In ancient times, Democritus put forward the concept of "atom" as the last indivisible unit of matter, after which fission leads to particles that make up the substance, but are no longer this substance.

Nowadays, everyone has to say “NOTHING” to what is the most mysterious, unknown, and it is there that nobody knows what God is. Therefore, the word "ETHER" was canceled, which created the appearance that we know something. Is there at least some significant difference in the understanding of concepts: “Dark matter”, “Dark energy” from such concepts as “Holy Spirit” - does everything become clear to us by changing names? Although it may be “matter” and “energy”, but THIS is “HOLY SPIRIT”, that is, COSMIC MIND.

It is interesting, the concept of "ETHER" was recognized by Tesla - this messenger of GOD? Maybe “NOTHING” is the place of transition to the new - the place of creation of new associations. And it is from “NOTHING” to the UNIVERSE and everything comes to us.

To be a believer, as well as faithful, is profitable, but not everyone can understand and apply this for themselves. Many are simply afraid to be believers. However, each self-preservation is faithful to GOD.

FROM MATTEW. Ch. 12. Verse 31 ... all sin and blasphemy will be forgiven to men; but blasphemy against the SPIRIT will not be forgiven to men; verse 32 If anyone speaks a word on the Son

of man, he will be forgiven; if anyone speaks of the HOLY SPIRIT, he will not be forgiven either in this century or in the future. Atheism is, in fact, a blasphemy against GOD. But even the one who denies GOD is a part of him. Even to deny something, one must exist. GOD chooses the one to whom the choice is offered, therefore all have a choice. GOD IS EXISTING, but not recognizing existence is not a paradox, but primitivism of infantility, with all the ostentatious, supposedly wisdom. Most likely, those who deny GOD are simply limited to understanding GOD as an image.

THE UNIVERSE is a whole, incomprehensible to the human mind, how incomprehensible, at least for now, are the mechanisms and methods of transition from parts to the whole with the effect of emergence, when the whole acquires more capabilities and abilities than the sum of its constituent parts. And therefore, the UNIVERSE is the WHOLE, which energy is greater than the energy of its constituent parts, where the transitions of the macrocosm into the microworld and vice versa, or transitions to other worlds are still incomprehensible, and especially when and where life appears after INEXISTENCE.

If it is impossible to prove who came from whom: THE UNIVERSE from THOUGHT or THOUGHT from the UNIVERSE, then we have to assume the simultaneity of their occurrence with the transition to each other, as in the Mobius band, or even their eternity, without the process of occurrence. DIVINE IS UNKNOWABLE TO PEOPLE, so I want to understand as much as possible what we can comprehend, even if for now it just seems to us that we have comprehended something.

Transitions of an electron from a particle to a wave and vice versa are not only the formation of different energy fields,

opposing and opposing forces that create interdependence and mutual transitions, but it is also the basis or the beginning of life. The transition of an electron from a particle to a wave creates a gravitational field, and the reverse transition of a wave to a particle creates an electromagnetic field, like antigravity or rotation.

To whom it is difficult to perceive the word "GOD", consider that instead of the word GOD is the word UNIVERSE.

The question will always be open: "Who generates the thing that generates everything?" Offering a solution as a self-winding mechanism with a self-reproducing system, the question: "Who launches?"- disappears. The UNIVERSE itself is GOD, with the ability to undergo displacements from one state to another, with the transition of one dimension to another. This is the order of apparent chaos. And there is no end, because the end goes to the beginning. The LORD "loves to indulge," puzzling people with different tasks for the joy of discovery. GOD is needed for people for the very possibility of HIM people to love and thank and hope and believe. Thanks to people - HE is needed. People hope for HIM, they have WHO to love, WHO to thank and WHO to admire. For the very possibility to thank HIM - THANK.

GOD created man so that HE could have someone to love and someone to care about and someone to send ideas of development through the human brain, and also had someone to love HIM and provide his "airfield" of the brain for "landing" ideas of the SPIRIT OF THE HOLY SPACE MIND, to continue the development of ETERNITY in the constant change of temporary generations. And also so that there was someone to admire the beauty of the UNIVERSE. If both matter and energy come in

additionally, there can be one thing: GOD gives a part of himself for development to the UNIVERSE.

**DOROSHENKO NIKOLAY TIKHONOVICH –
pilot, hero of the Soviet Union.**

My employee told me that her father's brother, Doroshenko Nikolay Tikhonovich, was a pilot and received the title of Hero of the Soviet Union during the Great Patriotic War. In 1946, he was sent to the Chernivtsi region, where their airfield was located. When banders attacked their airfield and destroyed the entire garrison, and her father's brother, as a hero of the Soviet Union, was sawn like a log on a circular. It did not matter to them that Doroshenko Nikolay Tikhonovich was a Ukrainian and a descendant of the Zaporozhye Cossacks. Maybe the "freedoms" will prove that such cases of cruelty were not among the

Ukrainian Insurgent Army soldiers? Who needs such cruelty?

An employee said that when her father found out about his brother's death, he instantly turned gray, was paralyzed, and since then it has become very difficult for him to walk and he walked on crutches. Modern "sanctifiers" of Ukrainian Insurgent Army soldiers do not want to talk about it and do not even remember the atrocities of the NKVD officers, because even the NKVD members did not reach such cruelty.

When will today's nationalists dare to apologize for such cruelties of their past idols? Germany apologized for all the sacrifices and cruelties of the Gestapo and SS men. But modern nationalists, perhaps, are pleased to remember all the cases of the Ukrainian Insurgent Army dominance, satisfying their infantile need for revenge, such as: "these damned Muscovites need it".

It is well known that resentment and revenge, discontent and anger are signs of infantilism, as a result of a difficult childhood, lack of love, prolonged humiliation by other people.

After all, those killed by the UPA warriors did nothing for them to get such terrible deaths. Perhaps there will be apologies from the nationalists when the Russians admit guilt for the brutality of the NKVD over the people under the influence of the communist system? That is - never. Anger, aggressive behavior, the desire to kill dissenters - this is a sign of the desire to be the main and a sign of fear of becoming friendly, benevolent, humane. They are afraid of becoming better, friendlier, they are afraid of becoming more cultured and humane, therefore they cling to their usual sadistic aspirations to enjoy their anger and the sufferings of other people, abandoning humanity, pretending that they nobly fight for the freedom of Ukraine in their understanding. And how others understand this, they don't even want to listen, instantly interrupting, trying to "shut up" the mouth of all opponents, because they "don't give a damn" to the thoughts of others.

Here we must recall the statement of V. Karasev that one nation is not enough for a territory such as Ukraine, though in fact on the territory of any state there is not only one nation and the desire of one nation to destroy others will necessarily come out sideways for the "higher" nation.

It will be fair to recall the patriot of Ukraine, 22-year-old Dmitry Chernyavsky, who was killed in Donetsk after a peaceful rally for a single country and who was posthumously awarded the title of hero of Ukraine. Recall how a resident of Gorlovka Vladimir Rybak was brutally killed for trying to tear down the flag of the DPR group from the building of the city council of

Gorlovka. Many patriots were not just killed, but brutally killed, drowned with open stomachs, so that later in Russia they said that Ukrainians did this to incite ethnic hatred. Who doubts that there were agents of the FSB of Russia precisely to incite hatred between the Slavs? Why?

Also in modern times, one can recall how the Croats brutally killed the Serbs, and the Serbs brutally killed the Croats. The “raid” of civilization very quickly “flies” with modern civilization, and this feature of people is specially used and specially escalated for hatred and aggression towards dissenters who benefit from the instability of society. And the more cruel the deaths of the victims will be, the easier it is to incite hatred and aggression of the crowd, that’s why extremism is specially cultivated and therefore activists are selected with this very mood and peculiarity, which is simply unpleasant to listen to the speeches. These are all “echoes” of the past. It is high time to abandon medieval actions and stop overly active figures from organizing terrorist attacks and suggesting some modern journalists get to where Oles Buzin is already located. Murders, executions, explosions, extermination of people continue in the modern world. Even though the prohibition of the death penalty has been recognized in our time, many people demand the return of the death penalty. When we recall how zealously the “Svobodovites”, “having got” into the Verkhovna Rada, having felt the power, rushed to beat the Russian-speaking editor, it was precisely then, after demonstrating their aggressiveness, that they “flew” from the Verkhovna Rada.

Tolerance to the opponent must be made profitable, therefore, in discussions, from each participant in the discussion, demand a security deposit, say, UAH 1,000 and, if an opponent is prevented from expressing his thoughts, for each second of any

obstacle, fine UAH 100 and remove the microphone after the security deposit has been exhausted. What to do if the culture of discussions is so low among some activists and this is what dishonest party leaders expect.

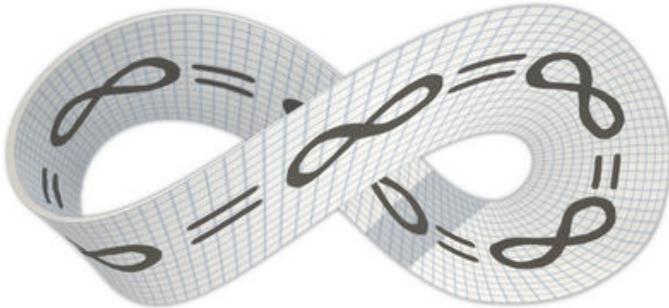
Dissatisfaction, resentment, claims, often excessive, both to others and to oneself, manifested in rejection of others and rejection of their opinions, with indignation, attacks, shouting, insults to their opponents, sharp shouts of opposing participants in the discussion - these are signs not only of low culture, but also a sign of the presence of an internal program of desire to enjoy negative and negative relationships, as a manifestation of the lack of love in the past from loved ones. And not necessarily a complete lack of love, often many wanted to get love more than they gave it. Often, loved ones simply are not able to give more love and positive relationships than their children would like, because they themselves have not received enough love in their childhood. How can one give what he himself has not received? This means that screaming and aggression are not only signs of lack of love, but also a consequence of enjoying negative things, because they are not accustomed to friendly relations and they only have to justify their grievances by searching for negative moments in the past of their opponents and explain to themselves and others that opponents do not deserve a better attitude, because "muddied the water in the spring." It is possible to call extreme extremists to philanthropy is too naive and is a utopia, due to the great persistence of their beliefs, which are a manifestation of their fear to replace their usual feelings of resentment, revenge and anger, which are too "sweet" for them. Therefore, perhaps, it is necessary to investigate: these features are characteristic of all Ukrainians or only for Ukrainian radical party "Svoboda" followers, as a result of the lack of love that is now lacking everywhere or these features of Ukrainian

nationalists are the result of exposure to them of their leaders with the same features?

We must recall the statement of V. Karasev that one nation is not enough for the territory of Ukraine. After all, in the territory of any country there is not only one nation and the desire of one nation to destroy others will necessarily turn out badly for the “supreme” nation.

Maybe, this is the hidden influence of Zionism, which benefits from the confrontation between the Slavs and the Slavs? In our time, cruelty to respond to cruelty - this cannot be stopped. It is cruelty that is used to “grow” hatred of others.

The Mobius strip.



A Möbius strip is a surface with one side and only one edge. It was independently discovered by German mathematicians Möbius and Listing in 1858. Strange, but this surface has only one border, that is, with only one side, which we do not see in our everyday life, which means that such a strip can only be made artificially in our world. If the UNIVERSE has such a strip, then this is another proof of the presence of GOD.

If this figure has one side and one border, then this means that there is no difference between the inner and outer sides of this figure. They say that this is a symbol of the Creator, who created himself from himself. The UNIVERSE is believed to be a giant Mobius strip, possibly composed of many smaller Mobius stripes.

Probably, it is at the place of transition of the outer to the inner Mobius strip that there is a place, or, relatively speaking, the point of transition of EXISTENCE into INEXISTENCE.

If we take one ordinary strip with two surfaces and two edges and overturn the ends of the strip to glue their opposite edges, then we get the Mobius strip. When you cut this strip in half, you will not get two strip. You will get one strip, but two times longer. That is, there will be one figure of infinity, but two times longer. And if this one, which has become twice as long as the strip, is cut again in half lengthwise, then you will not get one ribbon twice as long, but you will get two strips linked by the special loop of the Mobius strip. Something mysterious is inherent in this sequence.

If you draw several stripes on one sheet, then connect the sheet into a Mobius strip and start cutting one strip, then two stripes are automatically cut off - one strip, as if from the side from which it began to be cut, and the other strip cut from the opposite side, as one edge goes to the other. That is, two strips are automatically cut and therefore the cut stripe becomes twice as long. Why a pair of stripes is cut off can be explained by the fact that the Mobius strip, when cutting off one strip from it, tapers off on both sides, which are forcibly distorted, connecting the two sides into one. The remaining bands will be two less. The remaining drawn stripes will remain untouched, but they will be

connected by a special loop of the Mobius strip with a cut off, like links of a single chain. When cutting off the following bands, the connection loops become more complicated due to the complexity of the connection loops. The more cuts along the tape, the more complicated the loop connections.

It turns out everything that comes out of a single whole, is connected with it, obviously, forever, with different loops of connections. Thus, when separated from the whole, the whole "buds off" only a pair to provide double opportunities. Maybe these double possibilities are the source of the effect of emergence when connecting parts into a whole? Perhaps dual opportunities for the unity of opposites in development? The whole keeps the "budded" stripes close to itself. Perhaps this is a sign that for a free existence double possibilities are necessary for the unity of opposites. Thus, when separating a part from the whole, complete separation of this part from the whole is not provided. A complete break is only possible with forced disconnection. This is a hint that the death penalty should not be applied due to the breakdown of the natural ties of the unit with the whole.

And how do Black Holes fit into Mobius strip? Or, perhaps, it is in the loops of the compounds of previously separated strips that the Black Holes arise?

NOT FOREVER MY SPIRIT TO BE NEGLECTED BY PEOPLE.

In chapter 6 of EXISTENCE, verse 3: "And the LORD said: My Spirit shall not forever be neglected by men; because they are flesh; .. "

That is, each person is needed to embody the HOLY SPIRIT. That is, man was created by GOD for HIMSELF so that HE

can be in every person. Only people do not want to understand this and destroy themselves, as well as others with everything that can be destroyed, while destroying a part of GOD.

The human brain is an "airfield" for the "landing" of the HOLY SPIRIT in the form of ideas for inspiring people to overcome the difficulties of life and the further development of creativity and achievements. Everyone remembers from history that once they rode on bulls, but now they send telescopes to Space to study the UNIVERSE. Progress is undeniable.

In due time V.I. Lenin suggested that the electron was as inexhaustible as the atom. Perhaps the transitions of an electron from a particle to a wave and vice versa are the laying of the energy of life itself. That is, the future life is already inherent in the electron. For life and death are also, in fact, constant mutual transitions, opposites and interdependence, and each person is needed for the eternal embodiment of the HOLY SPIRIT through the flesh of each person, constantly changing. Perhaps it is the transitions of matter into the wave and back, with the formation of the field - this is the basis for the emergence of life, and therefore the mind. Since this is organized by SOMEBODY, it shows that the mind is already being laid with life. The meaning of everything is always different.

PRINCIPLE OF SELF-ORGANIZATION.

“Addiction” is already in the processes of electron transfer from a particle to a wave and vice versa, just as all opposites are attached to each other, including EXISTENCE with INEXISTENCE, as a process and principle of SELF-ORGANIZATION.

It can be said that SELF-ORGANIZATION is also a principle of democracy. The defects of democracy and the very crisis of

democracy, which everyone has been observing recently, can be corrected only with even greater democracy. It is obvious that in our time, especially in Ukraine, nothing depends on a simple citizen and has never depended. It is necessary to create new approaches, because everything is changing and it is necessary to create conditions for better changes and mutual transitions, especially in places of modern military conflicts. Currently, civilization has reached an impasse of insufficient tolerance for each other. People need to be given the opportunity to have the right to be right, left, centrist, democrat, radical, liberal, or someone else, and so that he doesn't have anything for it if it is within the limits of morality. But is it moral to make claims against dissidents of those who consider their opinion to be the last resort. Everyone knows a common and very harmful expression: "There is my opinion and the wrong."

It has long been known that if you always did what you always did, then you will receive what you always received, because it is impossible to get a new result in the old ways. One of the great tragedies of human life is that the huge potential of each remains undeveloped, unused and unclaimed, primarily because of the fact that almost nothing depends on a particular person.

Most seek politics and expect to be a politician for themselves. And all people just need to organize their lives in such a way as to better live their lives. After all, she will not have one and the other life. Therefore, it is necessary for people themselves to participate in providing themselves with the opportunities of a better life, and not to uselessly wait for someone to provide them with something that only they themselves can organize for themselves better. It is very

important to remove unnecessary intermediaries between living conditions and the organization of this life.

Everyone sees in Ukraine the dictatorship and usurpation of power by oligarchs and their parties, whose leaders turn into tyrants at their own level, forcing members of their party to vote as he wants, under the plausible pretext of "teamwork" and "unity" of the party with the creation of coalitions as a mechanism to satisfy their own interests. Partocracy at the present time is a mechanism for transforming democracy into tyranny. The dictatorship of one is replaced by the dictatorship of a party, supposedly, by the dictatorship of a leader, and this is not democracy, but its appearance.

Therefore, it makes sense to declare that the constant statements of those aspiring to power and standing in power about "COLLEGIALLY", THE UNITY OF THE STATE have the desire to keep all means and levers in one place - at home, as a central authority. Now many district councils have been liquidated in connection with the alleged uselessness of their existence. They are simply eliminated and their function is leveled due to the desire for full power of higher authorities.

Parties and all kinds of coalitions of parties have shown that they have reached the limits of their usefulness. Apart from the party paradigm, there are no other options. A new paradigm of building relations on the ground and in the state as a whole is needed. Let me suggest for your attention yet another, possibly utopian idea.

In the biblical section "ISAIAH", chapter 60, verse 17, there is a record that the LORD said: "I will make your ruler the world (lay people) and I will set the truth overseer."

The need for enabling ordinary citizens to take part in the management of their territory of residence and their state exists for a long time.

In connection with the need to end the war in Ukraine, to attract more people directly to the local government, to participate more in important decisions for them with the proposal to try and experience a new type of democracy, and also to prevent many conflicts, it is very important to introduce independence regions throughout Ukraine by the type of federal structure, about which more and more voices are being heard now.

And in order to eliminate the dictatorship and suppress the usurpation of power by the oligarchs and their parties, it makes sense to broadly discuss the introduction of the following proposal: at each polling station, elect not one deputy, but two deputies to compete: which of them will better take care of the needs of voters. Deputies are elected to each seat by gender principle, i.e. a man and a woman with the mandatory equality of their powers, with the reception of citizens in two shifts in turn. The party of men and the party of women is the natural division of living beings and the distribution of influences on each other - these are natural parties.

Both of these deputies of the polling station or, as they say in Ukraine, bulks, automatically become members of the district council, in which two chairmen of the district council are elected by the same gender principle. These two chairmen of the district council automatically become members of the regional council, and in the regional city - members of the city council. The same gender principle for the election of mayors and governors so that everyone looks after the actions of the other. As Müller,

the Gestapo chief, allegedly said: "What two people know, the pig also knows." In the event of conflict issues at any level, these conflicts and disagreements of the chairmen are discussed at the meetings of the councils. Both the chairman and the regional and city council of the regional city *automatically* become members of the Supreme Council.

Elections are held every two or three years and these elections are carried out only locally. If more senior councils are elected as chairmen, their deputies work in the field. Thus, only those who are representatives of local authorities can become the highest authorities, which will help everyone to solve their local problems. In practice, everyone has already become convinced that a deputy, having become a deputy, seeks only to maintain his status. That is the man.

From each region (the region itself and its city center) there will be only four deputies and it turns out that there will be only 100 deputies in the Supreme Council of Ukraine.

All discussion of laws should begin with a discussion on the ground: first in the district councils, with the adoption of the proposed version of the district councils. The discussion of laws is then held in the city and regional councils with the adoption of a common decision at these levels with the submission of a general version of the regional councils of each region for consideration by the Supreme Council of Ukraine for the final version of the Supreme Council. The discussion of the final version can be carried out in two stages: first, before lunch, in each gender group of all areas (which gender group will propose the best option), and then the final decision can be decided at a joint meeting of the Supreme Council by a direct majority vote, avoiding the notorious COALITION of parties. Thus, citizens will

directly participate in the creation of laws necessary for the development of life in the country and in the localities. To elect a speaker, his deputies, heads of committees of the Supreme Council for a year or six months, with local replacements by their deputies. It will be difficult to influence such an organization of democracy.

Organize the work on a ten-day basis: the first decade of the month is work in district councils, the second decade is in city or regional councils and the third decade is in the Supreme Council.

Everything is compact and intense. Everyone is interested in making better decisions for everyone to return home. In case of sabotage of one of the deputies, everyone can be easily and quickly replaced on the ground due to the impeachment procedure for the deputy. Maybe the proposal of the “president in two gender faces” or the liquidation of this post in general will be interesting. It is clear that those in power will not want to lose it and will stop any opportunities for new proposals. Therefore, it is important to find a way to attract maximum attention to this option for the development of democracy. Perhaps it makes sense to introduce, at least (as a check) so far in the territory of Donbass, as attracting the inhabitants of Donbass to democracy and distracting them from Putin’s dictatorship.

Concerning the second part of the aforementioned biblical wisdom that “...THE TRUTH WILL BE A SUPERVISER!” I propose to understand this as the “suervisor” of the media. Turn the fourth power into society, which was simply abolished due to the disadvantage of power structures. At the same time, of course, first of all, it is necessary to ensure the possibility of free collection and submission of information to journalists with the

creation of the conditions of “inviolability” and with severe penalties for not only perpetrators of work for reporters and journalists, but especially for organizers of obstructions for journalists.

To oblige the media to cover all council meetings without exception, with mandatory coverage of opposing opinions with the involvement of authors of opposing opinions for open discussion of different points of view. To oblige prosecution authorities to monitor public discussions and to attract prosecutors for not taking measures to respond to media information.

To improve the work of the courts, all court sessions must be held ON LINE so that EVERYONE can see how the judgments are made by the judges, with the ability to track and audit any decisions of any judge by the higher courts with the possibility of re-election of judges. Thus, democracy must be protected by the media, the courts, prosecutors and laws.

AT FIRST IMMORALITY IS BENEFICIAL TO EVERYONE.

Everyone understands that immorality is financially beneficial: stole, cheated, participated in raiding, robbed, received a bribe, they immediately have direct benefit. If at the time of committing immoral acts they are beneficial to the subjects of violations, then for the morality and state of spirituality of mankind, it is very not profitable in the future just because of their anti-spirituality. The only salvation of all and forever from immoral acts is the organization of the material disadvantage of immoral acts.

Of course, first of all, the security of life of the adherents of democracy with the free expression of personal opinion by each person with real freedom of speech should be ensured.

There is a long-standing need for the suppression of contract killings, which are extremely important to make absolutely unprofitable. This can be done through the publication of the law on the killer's amnesty, when he confesses and gives him 20-30% of the sum of the ALL confiscated, confiscated from the customer and WITH ALL those who are involved in ANY way, even those who simply knew about him and did not report to the anti-crime bodies. Also, to reward those who report 20% contract killings with the amount of the TOTAL confiscated and his release from prosecution, in case of any involvement in this case.

I think this law will greatly reduce the desire to order murders if the customer loses everything, even from the appeal of anyone involved in this case, since it is more profitable for everyone involved in this business to "surrender" the murder customer, even for their safety and salvation from destruction for the fact that "he knew a lot".

Such circumstances are very unprofitable for any customers of any killings, because there is a sufficient circle of people around the kill order who will not always want to remain silent if it would be beneficial for someone to give out customers and others involved in the murder in different ways, and not just one killer, but him It is also beneficial to hand over the customer. Perhaps there will even be a "turn" of people who want to protect themselves and "turn in" the customer. Contract killings themselves will sink into oblivion under such conditions, if such a law is adopted in all countries, following the example of Ukraine.

It is important to want improvements, only then can they be implemented. The old rules support the old relationship, and new relations and new rules need a new government. It is necessary to do all immoral acts financially unprofitable, because immoral acts themselves are spiritually automatically unprofitable. The salvation of morality is the salvation of mankind, but maybe it is also UTOPIA. In life there is an intersection of everything with everything: matter intersects not only with matter, but also with energy. Energies intersect with energies. The intersection of time. Intersection of spaces. The intersection of information, opportunities, and abilities should be free within the limits of morality precisely for the salvation of spirituality. The spiritual state is the measure of all measures for consciousness itself develops through morality. And the usurpation of power, like everything immoral, impedes development.

There is also a need to increase the interest of the authorities in combating crimes and to increase their interest in solving the crimes of the authorities themselves and, first of all, to encourage the first link - the police, awarding them, say, 30% of the total cost of the solved crime. Any crime has an economic cost and an economic footprint. The price of the promotion should depend on the cost of the crime.

In addition, for crime prevention, it is necessary for criminals to withhold the triple cost of the initial cost of the crime. Thus, in addition to legal liability, economic disadvantage should be introduced as the responsibility of violators of the law.

LATE REPENTANCE.

If the UNIVERSE originated from one point, then it is quite possible that experts with a collider are dangerous for the Earth because of the small size of the Earth, compared to the entire UNIVERSE, and also because of the inability of a person to control all energies. Climate change itself is a warning to people. Perhaps the creation of the collider itself is a sign of the ARCHIHEROSTRATUS to destroy not something created by people, like particles of GOD, but the Earth itself, created by GOD.

Let me remind you of who from ancient times were called to FORGET! However, the call of antiquity: "Forget Herostratus" was not implemented primarily because of the contradiction of the double link: "Who should I forget?" That is, the contradiction itself makes one remember about whom it is necessary to forget. And Herostratus achieved his goal: acquired, although shameful, but immortal glory.

I would like to quote a poem from my youth (translate from Russian): "What a fool burned the temple of the goddess Artemis? And everyone will say: "Mad Herostratus!" But if you ask: "And who built this temple?". Then everyone will answer: "Unknown!"

In the process of history there is a constant repetition of the Herostratus complex, which rises and is remembered precisely due to destructive actions. Why Hitler is not Herostratus. Everyone remembers how others crawled before Hitler. History repeats itself. Now the story is repeated in front of another character - Putin or the false Putin. Never mind. The Russians need an idol, even if they are presented with the

Udmurt narrow-eyed version of the false Putin OR his counterparts, maybe twins.

The very raising of the question regarding Putin V.V. to the attention of the world community, no matter how naive this opinion, will create at least some kind of admonition for those who are close to Putin and would like to live together with their relatives in the conditions of the normal state of our planet and, possibly, at least someone will seek ways to overcome or at least suspend destructive actions. It cannot be ruled out that the very raising of this and other issues may create the need for Putin or those behind him to prove that he or they have a desire to return everything to a normal "pre-war" humane and friendly state. Or maybe Putin will create a new behavior, allegedly of a "reasonable" dictator, with a proposal to "put" Putin's son from Kabaeva on the throne, who is very similar to him, even without DNA expertise, to replace a figurehead. By the way, it would be interesting where and what this son is doing, maybe he is really being prepared for the career of the new "king", while the father or the "patrons" of the father are preparing the transfer of the "throne" using Putin's popularity. How to plant another "pound". Perhaps it is a hint of a similar option that will make it possible to break its implementation.

Let me remind you when Putin V.V. imprisoned one oligarch, forced to flee two oligarchs, then the growth in popularity, uncontrollability and independence of V.V. Putin probably frightened the oligarchs, because they are used to being independent. And when Putin V.V. personally stated that he would not rule the country for more than two terms, the oligarchs faced the need to create a FALSE PUTIN, although a taller one, when comparing the growth of the beginning of Putin's reign against the background of the doors of the congress palace, and with the "forgetting" of the German language,

requiring himself an interpreter. What was needed was a “bridal general” - the mask of the president, who would do everything that the Jewish oligarchs would say, with the opportunity later to “blame” everything on Putin, who became a “dummy” and simply agreed to cheekily play his part. The plans of Zionism are designed for centuries precisely for the rule of the Jews. Influence agents are created in advance. Zhirinovskiy with his LDPR (Liberal Democratic Party of Russia) did not just appear in Russia. Where does he get the money for the party, and for living?

Depressive states intersect with the phenomenon of the Herostratus complex, when people tend to die due to a difficult state of mind or extreme dissatisfaction with themselves and others, with a strong resentment against the whole world. And if they want to commit suicide, in order to facilitate their departure from life, they "take" with themselves others: "Misery loves company" or another saying: "Go out with a bang!" Especially if a person is fed up with life and he is no longer interested in life, but began to attract death.

A long time ago, the concept of “LIBIDO” - the desire for life, and another concept: “MORTIDO” - the desire for death, were singled out.

In the history of Europe, the death of the prince of Austria-Hungary, Rudolph, is known, who, fed up with all the blessings of life, decided to commit suicide, but to facilitate his “departure” he suggested that the ten baronesses “leave” life with him. And when one of the Baroness agreed to this, the prince shot her and himself in one of the forester’s houses in the Austrian Alps.

There is a recent reminder that people can drag other people into oblivion: March 4, 2015, the German flier of the Germanwings airline, Andreas Lubitz, waited for the aircraft commander to leave the cockpit, closed in the cockpit and turned the wheel. And while alarmed colleagues were breaking in and the whole world heard what blows on the door of the cockpit were carried out by those who wanted to escape and survive, but did not manage to open the cockpit door. And one can only imagine how this flyer "admired" his approaching death and all those who were behind him, whom he decided to "take with him." And as the press wrote: "As a result of this tragedy, another 149 people became a part of the mountain landscape, besides this "hero". Probably, it was easier for this person from the fact that he was not alone going into oblivion, but with a decent company. After this incident, they did not leave only one of the pilots in the cockpit, but there were always Stuarts.

There are many who are close to Putin who would like to live and would like his children and other near and dear ones to live. Yes, and the best of all the planets - our mother planet Earth, I want to leave for the next generations in a better condition than the "nuclear winter".

It is clear (obviously) what the Herostratus complex is not in the situation with Putin, who enjoys the destruction in Ukraine and the whole world talking about him. It is obvious to our eyes that it is according to "his" instructions that destructive and aggressive actions are being carried out in the east of Ukraine. Demonstrating the unlimitedness of its power and, as it were, by the way, recalls the huge nuclear potential of Russia, and hints at its ability to destroy everyone. And a large number of Putin "sang along", these Zhirinovskiy, Kisilev, Solovyov, probably, are counting on a place in the anti-nuclear bunker that Putin doesn't

need at all, because his goal, perhaps, is the death of all mankind, such as: "God, you created and I'll destroy everything here!" as a manifestation of his megalomania. Maybe Putin doesn't give a damn about the "nuclear winter" of mankind, for the goal of a depressed or bored person can be his final departure, but at the same time pulling all of humanity along with him: the law itself." Putin may decide to leave, "slamming the door," "leaving with all of humanity." Therefore, it is possible that Zionism, by the hands of the Russian oligarchs, was taken from Putin by V.V. his dictatorship is ruled by themselves, under the guise of Putin's dictatorship, in order to blame it on him. Indeed, if the tyrant Putin "throws all", those around Putin will only have to lament: "how he deceived us!" And everyone "sang along" with the psychological defense of denial: "this will not happen, because I do not want it." Zionism counts a lot, but even Zionists can be mistaken, only repentance will be cruel.

Although, perhaps, the salvation of mankind is no longer possible? And the destruction of mankind has already begun, through the activation of Chabad and the provocation of the discord of peoples against each other, in its quest for world power, as megalomania. How much anger, filth, hatred, discontent, revenge, pride, murder committed by people. Maybe the UNIVERSE has already become disillusioned with the humanity of the Earth and is preparing new consumers of information on other planets, and people are warning: "Think it over!"

Who needs ethnic hatred of some Slavs with others and why? Why make enemies your friend for many years? Who needs this? Of course, those who want to take your place of residence. To do this, you need to convince as many people as possible that others want to occupy other people's territories, although

these others do not have enough people to fill their land, so they rent it out for a long time and on cheap terms. Explicit attacks are organized covertly by a third people who have money and who will rule in new territories. Jews need cover because this is their strategy: "Do all the "dirty" work with the wrong hands. Jews have always neglected other nations, considering themselves "chosen" by the people and losing power, they can destroy everyone along with themselves, as was the case in the Mossad fortress.

There are no better nations, but all nations have all kinds. Everyone remembers how the same Russian "activists", having arrived in the Donbass, put on a helmet with the inscription "PRESS" and fire from a machine gun from one Slavs to the side of others, from one Ukrainians to another to increase the hostility, hatred and hatred of the Slavs towards each other. Is it not a Jew artist Porechenkov and who sent him to the Donbass? Who controls the FSB? Totenbergs and Timchenko are friends of Putin.

Money of Jews reinforce the hatred of the Slavs so that they kill each other. Stimulate resentment among nationalists, pushing them to aggression. Even among nationalists, Jews or agents of Zionism infiltrate, as NKVD officers infiltrated the UPA and so destroyed the UPA and the liberation movement in Ukraine. Perhaps among the nationalists there are courageous people who can recognize the receipt of money from the leaders of the movement, and whence the leaders themselves received the money, they "do not want to" think about it.

Zionists make conflicts from within, through others, so that no one would think of the Jews. Having understood where and who has the money, you understand where the "wind blows"

from. Zionists use the old principle: “divide and conquer”, but Jews apply a different principle to themselves: “unite and conquer” and the Jews are united from the outset to organize, pay for the strife of nations and profit from fraternal wars. For a long time, Jews accompanied military campaigns in convoys. But the Jews never fought with the Jews, although this is a very courageous and rebellious nation. Remember: "How the spring Oleg is now climbing to avenge the rebellious Khazars." Oleg is from the Varangians, and the Khazars are local residents of one of the territories of the former territory of Ancient Russia, which supposedly housed the ancestors of the once resettled Jews, who spread to all directions and territories of the world. Therefore, their claim to the territory of Ukraine can be considered legal. And now everyone can see how many houses are being built in different areas of different cities of Ukraine. The influx of Jews to Ukraine is expected.

Everyone knows that Jews and Palestinians are relatives. However, someone makes provocations and retaliatory actions. Of course, this is done by those who benefit from military operations and to stimulate the flow of new funds into the “holy work of the holy struggle for liberation”.

Now, it is very important to attract as many people as possible to understand and think in this direction, and not to “hide your head in the sand”: I do not want to see anything, I do not want to know anything about the hidden dominance of Zionism, which owns almost all the money in the world and who are sent to ethnic hatred: let them kill, exhaust each other in wars with each other, and taxes, from both those and others, go to those who finance the war at the expense of the peoples themselves. Peace can only be saved by joint efforts at the expense of internationalism.

Or maybe the salvation of mankind is already impossible? How much anger, filth, hatred, discontent, pride, and vengeance, murder that the UNIVERSE has already become disillusioned with the humanity of the planet "EARTH" and now just warns: "Think it over!" Perhaps there is already a replacement for the people of the planet Earth on other planets, and the fact is expected of how the Jews will "MUDDLE" the source, so that there is reason to destroy everyone, because only in this way can the Jews be destroyed with their desire for world domination.

Probably, many are amazed by the hope of the appearance of a savior from Putin, but the Jews have plans for B and C in the future. That's just the Earth may not be enough.

TO DESTROY EVERYTHING IS A COMPLEX OF ARCHIHEROSTRATUS. HOW TO CONVEY THIS TO THE ZIONISTS THEMSELVES, SO THAT THEY HEAR AT LEAST? HERE IS THE PROBLEM.

THE CRISIS IN UKRAINE ITSELF IS ORGANIZED.

The crisis in Ukraine itself is organized so that people have nowhere to earn money, and they were forced to go on a contract and fight. As in eastern Ukraine, people are forced to shoot because they are paid specifically for the hostilities themselves. It makes sense to pay attention to the fact that the "fighters" shoot and the losses are negligible. Is this not an indication that the Ukrainians on the other side are not striving for the great damage of the opposite side and are simply "serving" military service, apparently bearing in mind future reconciliation? And it's important to focus attention on this now, therefore it makes sense to assume that both sides of the military conflict are beginning to understand that war is beneficial to no one except those who benefit now and in the

future. On both sides of the conflict, Jews are leading, to free Ukraine from Ukrainians and to weaken Russia. Putin is only for the mask that it's his fault, because it is probably obvious to everyone that Putin has not been there for a long time, but false Putin, his doubles or twins, to whom the Jewish oligarchs are hiding.

When Yeltsin "shuffled" the prime ministers to find a successor, he simply looked for someone who would offer him the safety of his daughter. The real Putin, apparently, suggested combining the joint storage of his money with the money of Yeltsin's daughter. With a guarantee that he would not be interested in announcing the funds of Yeltsin's daughter, therefore Putin V.V. got his carte blanche for power.

Putin created an opportunity to improve the economy, used the advice of knowledgeable economists, and held a stabilization fund for further development.

Let me remind you: when two Jewish oligarchs (Gusinsky and Berezovsky) were forced to flee Russia, after the Jewish oligarch Khodorkovsky was imprisoned, other Jewish oligarchs, former friends of Putin, became worried by Putin's powerful authority and immediately, after Putin's statement that he will not be in power for more than two terms, replaced by a false Putin. This, allegedly, is confirmed by DNA examination of the lack of paternity of "Putin" of his daughters and this can be checked, of course, under the control of the international community. You can analyze the phonograms of Putin's voice on a report in the Bundestag and modern voice of Putin. It will be especially easy to check the phonogram on which Putin V.V. talked about the fact that he would destroy the terrorists in the toilet. This voice, it seems to me, is clearly not like the voice of

today's Putin. Phonograms can remove doubts, because they are as unique as fingerprints.

But the main thing is another thought: when Putin V.V. proposed to unite with NATO and NATO rejected this proposal. When at a speech in the Bundestag, in German, Putin V.V. held report and directly warned that now the whole world will have to respect and reckon with Russia. After all, then Russia was reborn and was on the rise. A strong Russia has never been needed by anyone except the Russians. It was precisely after this speech that Putin was replaced by a false Putin. And already with false Putin, the decline in the well-being of the inhabitants of Russia began. The destruction of the Russians began.

At present, one should consider how to apply the presence of the "old" agreements of the still young SOVIET RUSSIA on the transfer of Crimea to Jews. This is easier than giving Crimea to Ukraine and there will be no "loss of face." And for Ukraine, let Jews be better in Crimea than Russians. And the Jews will be able to protect themselves and Ukrainians.

There are no better nations, but all nations have all kinds. Pride, low culture of relations interferes with friendship and love. Friendship and love are becoming less and less not only in Ukraine, but also in the world due to a decrease in the level of general tolerance of people, and also (or therefore) due to a drop in the levels of culture and education.

God created many planets and can sacrifice one of them because of the excessive pride of its inhabitants. There are also many nations, and one nation cannot claim a one-person advantage over others, even owning the majority of money, no matter how someone recognizes their chosenness. Only internationalism will save humanity. Destroying other nations is

dangerous, for those who pit nations and destroy "alien" nations with the wrong hands, for the sake of their chosenness. Whether the Jewish enlightenment will come or GOD will destroy the planet along with the dominant nation, because there is no other way out of excessive pride.

It is in order to stop the death of Ukrainians and universal reconciliation that changes are proposed, both in the approach of assessing the defenders of the Donbass themselves and in the work of the electoral bodies of future parliamentary elections, while ONLY in the Donbass to participate in the highest organ of Ukraine. I propose to create for the defenders of UKRAINE the status - "DEFENDER OF UKRAINE", and for the defenders of DONBASS - the status "DEFENDER OF OWN LAND".

In Ukraine, there are forces striving to usurp the right to truth. The heroic resistance of Ukrainians to the dictatorship of the Soviet regime, which used violence through the forces of the NKVD (People's Commissariat of Internal Affairs), is historically known. Of course, the resistance forces and units of the UPA (Ukrainian Insurgent Army) used every help to support their struggle. But for some reason, the modern Ukrainian patriots have no desire to compare the struggle of other people for their place of residence and their land with the struggle for their freedom. At the same time, the radical citizens of Ukraine are of the opinion that the whole of Ukraine is their "patrimony" and that anyone who expresses a dissenting opinion with their opinion needs to be destroyed or "put to death". Only the war "to the end". All who insist on this automatically impersonate themselves as agents of Zionism, receiving rewards from the Zionist wallet. Who are the benefits from war? Only international Zionists planning the liberation of the best territories for Jews, the weakening and collapse of Russia. If in Ukraine many do not

like Russian, then they will soon be forced to learn Hebrew. Get the fate of the Palestinians. Already now, in some places in Uman, the dominance of conversations in Hebrew and payment for goods by shekels has been noticed. And my granddaughter is Jewish, because my daughter-in-law is Jewish.

Everyone knows that in Ukraine, Jews have long been “intertwined” with Ukrainians, and because of this, intelligence and creativity developed, and this was the intention of the LORD, and not, according to the Torah, to make everyone Jewish slaves. The selectivity of Jewish marriages with Jews leads to incest, schizophrenization and debilitation. The salvation of mankind only in internationalism is God’s plan, for it is HE who created so many nations. Therefore, Nazism itself must be made unprofitable and the offenses related to Nazism should be fined 5 times more than for the offense itself.

How long can the murders of writers, journalists, and other simply dissenters continue in Ukraine? It’s time to get out of medieval relations. It has long been necessary to become more tolerant, and therefore more cultured people, and get rid of local pride. Nationalists, take a look: ultranationalism is funded by SOMEBODY and SOMEBODY is profitable.

It is clear that only the Russians could support and protect Ukrainians from international Zionism. Therefore, such hostility of peoples was organized. Today’s “Putin” is only the executor of the will of the Totenbergs and Timchens, as the representatives of international Zionism. If ultranationalism is introduced precisely to increase hostility. In Ukraine, FURIA is an agent of Zionism. Everyone who stands for victory to the end does not understand: to whose end? Those who follow victory to

the end will come to an end without victory. All who support the war until victory are either shortsighted or agents of Zionism.

When the inhabitants of Great Britain voted against being in the European Union, no one shot them and did not suppress them with tanks. The will of the people is sacred. This is modern reality. People's life is more expensive than states. It is the states that must ensure the safety of their citizens. Even North Korea is already going to reduce military tension and a peaceful settlement with South Korea.

The example of the federal structure of the USA shows us all the advantages of such a structure of society. The integrity of the country's unity at the expense of maximum local freedoms is an example of the dialectical law of unity and harmony (in the old way, the struggle) of opposites and the stability of the unity of the US state.

It makes sense to recall the heroic struggle of Ukrainians for the freedom of Ukraine and the prolonged persecution of soldiers of the Ukrainian Insurgent Army by the NKVD bodies of the USSR with the introduction of NKVD agents in the UPA, which led to the liquidation of the main UPA forces. And as a test of the wisdom of the people and as a compromise, I propose equating the struggle of the UPA soldiers with the struggle of the inhabitants of Donbass for their understanding of their freedom precisely to end the war. Only primitives refuse compromises. The compromises were, are and will be in diplomatic relations. In fact, now the Ukrainian authorities are dealing with the soldiers-defenders of the Donbass as in the past the NKVD of the USSR with the UPA soldiers. How capable modern comparisons of Ukrainians can be for such a comparison will show how highly-minded Ukrainians will go for such reactions and actions, how

such comparisons will result in the future, and whether there really is wisdom among the people not to show and not show their own, not only verbal aggression, hiding behind the past death of many defenders of Ukraine. For the defenders of the Donbass of their territory, only such names as “militants” and “separatists” were found. But they decided to live as they want. They did not come to the territory of Ukraine - they have been living here for a long time. The inhabitants of Catalonia are not shot for their desire to disconnect from Spain. Acquired a peaceful process of communication with the Irish. Long overdue the need for greater tolerance for a different opinion. And here it makes sense to create maximum conditions and compromises for peaceful initiatives.

It’s more profitable to survive together! The integrity of the country’s unity will be more protected at the expense of maximum freedoms on the ground as federal regions, with the development of their interdependence. It makes sense to take into account the possibility that even the real Putin is not David and Goliath (Jews are bankers of international Zionism) cannot cope with him, and, as a result of this: modern Putin has become just a dummy character.

«How wise are Ukrainian people»

I would like to draw attention to the statements of the Jews, who constantly, recently, talk about how wise the Ukrainian people are, so that stupid Ukrainians can confirm by voting for Jews, as confirmation of their alleged wisdom. It should be remembered to everyone that if someone tells another that he is smart or that some people are wise, this means that this person or this people is simply going to deceive. Please note that no matter how many Jews talk about misbehavior or

mistakes of other Jews, no matter how indignant they are at the poor management tactics of Jews alone, clearly hinting that if they come in return, everything will be improved. And it has long been noticed that no matter how some Jews mock other Jews, they will never infringe on the interests of other Jews.

One of my patients told me how astonished he was when, at a general meeting in his workplace, one Jew mercilessly criticized another Jew. And when my patient went to the toilet, where at that moment there was nobody, and as soon as he took one of the empty places in the toilet, those two Jews entered the toilet, one of whom criticized the other. My patient was hiding, and one of the visitors asked the second Jew about how he criticized him so much. To which the second Jew directly stated that Orthodox fools did not understand the Jews. Similar stories are not isolated.

It should be borne in mind that it is precisely the deterioration of Ukraine that is the goal of the administration of both Potroshenko Ukraine and Tymoshenko or other Jews who come to rule Ukraine under the supervision and orders of international Zionism, precisely to free the territory from Ukrainians. Perhaps that is why Zelensky is in no hurry to deal with tariffs and bring to justice for all kinds of violations of the "successors". It is for the liberation of the territory of Ukraine that impossible conditions were created for the life or existence of the inhabitants of Ukraine. And such conditions are created that the only way for Ukrainians to make money in Ukraine is war. Or: leave, free the territory.

In the history of mankind, there were no wars of some Jews against other Jews. They always defended their interests together. This is the true wisdom of the Jewish people. And when

Russians kill Russians, Ukrainians, Ukrainians, Slavs Slavs and other peoples of their people, Jews simply profited from these wars. But Jews do not touch the Jews.

The Jews did not forget how Orthodox Russians, the Black Hundreds, organized pogroms against Jews. There were similar pogroms in Ukraine, only many Ukrainians, neighbors of the Jews, huddled together, supporting their Jewish neighbors with their presence, until the flood of pogroms "settled down". As well as during the fascist occupation of Ukraine, Ukrainians saved many Jews, which was not seen in the occupied areas of Russia. Now the "turn has come" for the Jews to cunningly, in Jewish, veiledly take revenge, at the same time profiting from the war. I wonder how many Jews are in the ATO?

Now in Ukraine there is a huge construction of residential buildings that are still idle, but these houses are "waiting" for Jewish settlers from Chabad. Maybe they are being squeezed out of Israel because of their, to put it mildly, not peaceful ideology? Or maybe next to the Palestinians and Iranians it's getting worse?

For many centuries, Jews were supplanted, persecuted, and clearly their desire to occupy a higher position. Therefore, the Torah says that all nations will be slaves of the Jews, which they do through the possession of money. There is a tough approach to creating Hasidic families prohibiting mixed marriages of Jews and it is time to draw their attention to a large number of schizophrenia due to the fact of "incest" due to the selectivity of Jewish marriages. And in Ukraine, for many years, Jews "mixed up" with non-Jews and this contributed to the development of creative processes in science and art.

It is very noticeable at present that the indicators of people's tolerance towards each other are deteriorating and therefore are now at a very low level.

To improve linguistic relations and increase people's tolerance, a referendum is needed to find out in which territories in schools to study only the Ukrainian language, at least in order to determine the "true" today's territory of Ukraine. In which schools, besides Ukrainian, do you need to teach the Russian language? In which territories - Romanian, in which Polish, and in which Hungarian or Slovak. And in what schools in Ukraine do you need Hebrew? Ethnic Jews now in Ukraine may well be more ethnic Ukrainians and Jews have the right to demand the teaching of Hebrew in their schools as their native language. This question has long been "matured" and it is not the Jews who raise it, but the Ukrainian. It would be beneficial for international Zionism to reward the author for such an idea: "You see, it is the Ukrainians themselves who offer the appearance of Hebrew in Ukraine." Unless, of course, the representatives of Zionism are wise enough. Initiative should be done. The prize itself is a gift, and any gift is from GOD.

However, the Supreme Being made everyone free. The very idea of "*chosenness*" is a manifestation of megalomania, as a symptom of schizophrenia, and those who wrote the TORAH could not know that at the level of elementary particles everything mixes up regardless of nations. Jesus Christ came from a Jewish family. The HEAVENLY FATHER sent HIM to all people. Everyone knows who insisted on his execution.

Money is power. Who has almost all the money in the world? Jews have plans for both B and C in the future. That's just the Earth on their plans may not be enough.

ZIONISTS! YOU CAN OUTSMART YOURSELF.

Zionists! You can outsmart yourself when the LORD refuses to defend our common Earth, which you want to make not common, but Jewish. At any moment you will be stoned from the orbit of stones, and your victory will be the beginning of your end, as once the Earth was flooded with dinosaurs and therefore were destroyed by such stones. Do not repeat the fate of the dinosaurs. Your calculations may be wrong! YOU ARE WARNED! Only internationalism is the salvation of mankind. Either salvation or the death of mankind is possible thanks to the worldwide bankers. Indeed, only due to their money it is possible to establish ecological power plants to transfer natural energy to ice, reducing the warming of the planet. Only thanks to them, the creation of the world and the salvation of mankind is possible due to their prudence and wisdom. Only thanks to their money can cities be created at the bottom of oceans and seas. Only thanks to their capabilities, it is possible to create cities deep underground. Only thanks to them, the installation of global missile defense of the planet from possible space cataclysms is available. Only thanks to them is it possible to create comfortable nursing homes for the joy of life before going to eternity

ROTHSCHILD, ROCKEFELLERS AND OTHER RULERS OF MONEY! USE YOUR NATIONAL WISDOM, WHICH THE LORD HAS GIVEN YOU AS THE HIGHEST PART OF HUMANITY AND JOIN IN THE SALVATION OF THE WORLD AND THE DEVELOPMENT OF MANKIND. IT IS NOBLER AND MORE PROFITABLE. YOU JUST NEED TO INCREASE THE "PIE", SO THAT IT IS ENOUGH FOR EVERYONE. After all, everything is increasing in the UNIVERSE thanks to the LORD.

SPIRITUALITY IS HIGHER THAN MATERIALITY, BUT IT IS NECESSARY TO HAVE BOTH.

When a person's priorities are not in SPIRITUALITY, but in material wealth, then no matter how much he is, a person will never be satisfied with him. Many bankers are always scarce. Often you want more. This is how many, not just Jews, are arranged. And the Jewish oligarchs of international Zionism can "play out" in their fraud, only repenting can be too late.

The nuclear attack on Japan in 1945 is a retribution for neglecting other nations - remember the "Detachment 720" - a special Japanese detachment in Manchuria during the prewar and war years of the Second World War. The officers of this detachment were impressed that the prisoners were "logs" for the experiments.

Hasidi and Chabad, denying other people belonging to the human race - by this you reject your belonging to humanity. Moreover, what will you do with the Armenians, who are actually Jews? Everyone knows exactly where Noah's Ark stopped. After all, it was from Ararat that the revival of everything went, including humanity. It was the Armenians, like the Jews, who spread throughout the world as Noah's descendants. Just as the Palestinians are at war with the Jews, the Armenians are at war with the Azerbaijanis. Which of them is Cain, and who is Abel, or are they satisfied with the sequence of changing these roles? I would like to remind you that Jesus Christ was from a Jewish family. GOD sent HIM to all people. Perhaps, precisely because Jesus Christ paid attention to all people, and not just Jews, the Pharisees insisted on HIS death penalty.

The Magi and the entire Christian part of humanity, as well as even Muslims, recognized Jesus Christ. The Jews refuse to recognize Jesus Christ. Jesus Christ himself stated the proposition that there are no prophets in his own country. However, HE accepted everyone who addressed him. Only Jews, considering

themselves to be the chosen people, expect the messiah in the form of someone else, as if specially sent only for them, refusing the one sent by the HEAVENLY FATHER to all. Zionists! Pride is one of heavy sins. Holocaust is a warning. One warning is enough for the wise. The wise choose smart behavior, which is good for everyone, not just Jews.

Pride is punishable ABOVE. When the Jews defeat everyone, the Jews will be destroyed like dinosaurs - remember the orbit of stones beyond Mars. "GOD is waiting. HE is inaccessible ringing gold. He knows the thoughts and deeds in advance". Maybe he is waiting for the Jews to "muddle" the spring.

The flip side of the coin is always there: when a participant in the program for the extermination of Slavs by the Slavs himself faced with the fact that the war had reached the Dnieper, money was sent to save his diaspora and a call was given to the oligarchs of Russia to stop the further offensive. When something relates to something personally, then it is easier to understand the difficulties of others who want to have their land for later life. As all organs of the body are needed in their particular functioning of the body, so all nations are needed by mankind to respect, interest in each other and create joint joy. GOD is love and Ukrainians can only hope for the joy of living together with Jews and other nations.

Be respected and respect those who respect you and the environment. It is useful and profitable! Take an interest in yourself, those who are interested in you and others. It is useful and profitable! Take care of those who care about you and those who need your care. It is useful and profitable! Invest your work in those who work for you and in those who need your work. It is useful and profitable! Be responsible to those who treat you

responsibly and to those who need your responsibility. It is useful and profitable! Rejoice at those who rejoice at you and the very opportunity to rejoice. It is useful and profitable! Be grateful not only at heart, but also express your gratitude. It is useful and profitable! GOD is in each of us! Be with GOD.

This book is autobiographical with my thoughts on the facts that we all have before us which can be interpreted in any way and which I consider in my own way. Forgive me those who will be dissatisfied with what they read, but you met a piece of the HOLY SPIRIT who visited me and offered to share with others.

I dedicate my book to my dear, beloved and loving wife, Rayechka, whom the LORD gave me out of his generosity, and for my wife I constantly thank HIM, how much HE will allow me to thank HIM.

MY PRAYERS.

My dear body, beloved and loving, new, new-born, young, hardworking, of natural structure and function, you are constantly working for me and I live, thanks to you. I have absolutely everything thanks to your work, because you are constantly working, like our LORD, like the entire UNIVERSE. With all my beloved soul, with all my beloved spirit, I love you and thank you sincerely with all my heart. I know that you also love me and care about me. I live for the first time, just as you live with me for the first time and therefore understand that I have been mistaken many times and therefore I ask you to forgive me for my mistakes that I made due to a lack of reason. He who was not young was not stupid. Over the years, wisdom comes, and for drinkers, years and old age come alone, without wisdom. Now I will take care of you and I will only give you

natural food and drink, so that we love each other for the joy of THE FATHER, THE HOLY SPIRIT AND THE SON - JESUS CHRIST.

My beloved soul, invaluable to me, for if you leave me, this is the end for me. You are a part of our LORD in me all my time on our Earth. You are the most mysterious, mysterious, most beautiful piece of our LORD in me for me. Forgive me for my betrayals when I let in someone else's dead soul from NON-BEING through alcohol. Let me love you and be faithful to you all my time, which the LORD has measured for me to communicate with you. Now I will protect you and delight you with my achievements and good deeds, so that we love each other to the joy of THE FATHER, THE HOLY SPIRIT AND THE SON - JESUS CHRIST.

My beloved spirit, a part of the HOLY SPIRIT in me, is like your part of YOURs, for YOU admonished me and saved me, inspiring me with saving thoughts and helped me develop my mind abilities, which YOU breathed into me and helped me admonish the exhausting and add to them the wisdom of understanding that sober life is the main condition of a person's natural state, so that we love each other to the joy of THE FATHER, THE HOLY SPIRIT AND THE SON - JESUS CHRIST.

If you have free time, you can choose other prayers in addition to the following.

OUR BELOVED DEAR LORD, YOU ARE SO GREAT! (Up)

OUR BELOVED DEAR LORD, YOU ARE GREAT FOR THE MAN! (Left)

OUR BELOVED DEAR LORD, YOU ARE IMPELLIBLE TO HUMAN GREAT! (Right)

OUR BELOVED DEAR LORD, YOU ARE GREAT FOR THE HUMAN!
(Way down)

OUR BELOVED DEAR LORD, YOU ARE THE GREATEST OF THE
UNIVERSE OF YOURS! (To the center)

OUR BELOVED DEAR LORD, YOU ARE THE ONLY! (on 4 sides), and
in the center:

OUR BELOVED DEAR LORD, YOU ARE THE ONLY OF THE
UNIVERSE OF YOURS!

OUR BELOVED DEAR LORD, I have no other gods before your
face! (on 4 sides), and in the center:

OUR BELOVED DEAR LORD, I HAVE NO OTHER GODS BEFORE
YOUR FACE YOUR WHOLE UNIVERSE!

OUR BELOVED DEAR LORD, YOU ARE SO WISE! (ON 4 SIDES), AND
IN THE CENTER:

OUR BELOVED DEAR LORD, YOU ARE THE GREATEST WISE OF
YOUR WHOLE UNIVERSE!

OUR BELOVED DEAR LORD, YOU ARE SO KIND TO ME! (UP) MY
BELOVED DEAR, YOU ARE SO KIND TO ME! (LEFT)

OUR BELOVED DEAR LORD, YOU ARE SO KIND TO ME AND MY
FAMILY AND FRIENDS! (RIGHT)

OUR BELOVED DEAR LORD, YOU ARE SO KIND TO ME AND TO ALL
PEOPLE! (DOWN)

OUR BELOVED DEAR LORD, YOU ARE THE GREATEST KIND OF
YOUR WHOLE UNIVERSE! (TO THE CENTER)

OUR BELOVED DEAR LORD, HOW GREAT IS YOUR LOVE FOR ME!
OUR BELOVED DEAR DEAR, HOW GREAT IS YOUR LOVE FOR ME
AND MY SEED!

OUR BELOVED DEAR LORD, HOW GREAT YOUR LOVE IS FOR ME
AND MY FAMILY, RELATIVES!

OUR BELOVED DEAR LORD, HOW GREAT IS YOUR LOVE FOR ME
AND ALL THE PEOPLE!

OUR BELOVED DEAR LORD, HOW GREAT YOUR LOVE IS IN YOUR
WHOLE UNIVERSE!

OUR BELOVED DEAR LORD, THE GREATEST OF THE GREATEST
BEAUTY IS THE UNIVERSE YOU CREATE, DEVELOP, SAVE,
PROTECT, LOVE AND GIVE TO PEOPLE!

OUR BELOVED DEAR LORD, WHAT IS THE GREATEST BEAUTY FOR
US, OUR GALAXY, THE MILKY WAY, YOUR UNIVERSE, YOU
DEVELOP, SAVE, PROTECT AND GIVE TO PEOPLE!

OUR BELOVED DEAR LORD, WHAT A GREAT BEAUTY: OUR SOLAR
SYSTEM IN THE SLEEVE OF THE ORION OF OUR GALAXY, YOUR
UNIVERSE, YOU SAVE, PROTECT AND GIVE TO PEOPLE!

OUR BELOVED DEAR LORD, WHAT A BEAUTIFUL, WONDERFUL,
AMAZING BEAUTY IS OUR MOTHER PLANET EARTH, WITH
NATURE AND SATELLITE, THE BEST (FOR US) OF ALL THE PLANETS
OF OUR SOLAR SYSTEM, OUR GALAXY, YOUR BELOVED UNIVERSE
- YOU PROTECT AND GIVE TO PEOPLE!

OUR BELOVED DEAR LORD, WHAT AN AMAZING BEAUTY-LIFE,
ON OUR PLANET, IN OUR SOLAR SYSTEM, OUR GALAXY, YOUR
BELOVED UNIVERSE, YOU CREATE, DEVELOP, SAVE, PROTECT
AND GIVE TO PEOPLE!

OUR BELOVED DEAR LORD, WHAT A MAGNIFICENT BEAUTY-MIND: YOUR WISDOM, WHAT AN AMAZING BEAUTY-ENERGY: YOUR STRENGTHS; WHAT AMAZING BEAUTY-FEELINGS YOU CREATE, DEVELOP, SAVE, PRESERVE, PROTECT AND GIVE TO PEOPLE!

OUR BELOVED DEAR LORD, YOU ARE SO GENEROUS TO ME! (UP)
BELOVED DEAR OUR DEAR, YOU ARE SO GENEROUS TO ME!
(LEFT)

OUR BELOVED DEAR LORD, YOU ARE SO GENEROUS TO ME, MY FAMILY AND FRIENDS! (RIGHT)

OUR BELOVED DEAR LORD, YOU ARE SO GENEROUS TO ME AND ALL PEOPLE! (DOWN)

OUR BELOVED DEAR LORD, YOU ARE THE GREATEST GENEROUS OF YOUR WHOLE UNIVERSE! (TO THE CENTER)

OUR BELOVED DEAR LORD, BELOVED FATHER OF OUR HEAVENLY DEAR, BELOVED HOLY GOD, HOLY STRONG, HOLY IMMORTAL, THANK YOU FOR THE LIFE THAT YOU GAVE ME, OUR BELOVED DEAR LORD, COULD UNDERSTAND AT LEAST SOMETHING I COULD UNDERSTAND, AND AT LEAST FEEL SOMETHING, SO THAT YOU, MY BELOVED MY DEAR, COULD LOVE, THANK, BELIEVE, HOPE ALL THE TIME, HOW MUCH YOU PRESENTED TO ME.

OUR BELOVED DEAR LORD, WITH MY WHOLE BELOVED BODY, WITH MY WHOLE SOUL MY PRICELESS, MYSTERIOUS, HARDWORKING AND BELOVED QUEEN OF MY BODY, BELOVED EMPRESS OF ALL OF ME, AND WITH ALL MY BELOVED SPIRIT, PART OF YOUR HOLY SPIRIT, LOVE, THANK, BELIEVE, HOPE, RELY AND TRUST ALL THE TIME, HOW MUCH YOU APPRECIATE ME.

OUR BELOVED DEAR LORD, FOR THE LIFE THAT YOU GAVE ME SO THAT I COULD AT LEAST LEARN SOMETHING ABOUT YOUR SPIRIT, YOUR BELOVED, AT LEAST UNDERSTAND SOMETHING, AT LEAST COMPREHEND AND AT LEAST FEEL SOMETHING AND YOU, MY GOD, OUR NATIVE HOLY SPIRIT, YOU KNOW HOW I FEEL BEFORE YOU, HOW I AM HAPPY AND HOW GRATEFUL YOU ARE WHEN YOU SEND ME YOUR IDEAS AND THAT YOU, MY BELOVED, OUR NATIVE HOLY SPIRIT, COULD LOVE ME, SO THAT YOU, BELOVED LORD, OUR NATIVE HOLY SPIRIT, I COULD THANK, SO THAT YOU, BELOVED, OUR NATIVE HOLY SPIRIT, COULD BELIEVE IN YOU AND ME, SO THAT YOU, BELOVED LORD, OUR NATIVE SPIRIT, COULD HOPE, RELY AND TRUST ALL THE TIME, HOW MUCH YOU HAVE GIVEN ME.

OUR BELOVED DEAR LORD, FOR THE LIFE THAT YOU GAVE ME SO THAT YOU CAN HEAR ABOUT YOUR BELOVED SON, THE ONLY JESUS CHRIST, FOR THE FIRST TIME FROM MY MOTHER'S FATHER, NIKOLAI KUZMICH SHPACHENKO, THAT IS, FROM MY OWN GRANDMOTHER, MATRYONA FEDOROVNA SHPACHENKO AND LATER LEARN FROM OTHER SOURCES, SO THAT YOUR BELOVED SON, THE ONLY BEGOTTEN, EMBODIED IN JESUS CHRIST, COULD LOVE. OUR BELOVED GOD, THE SON OF GOD, JESUS CHRIST, THANK YOU FOR YOUR LOVE, FOR YOUR WISDOM, FOR YOUR GENEROSITY AND FOR YOUR FEAT, THANK YOU AND I WILL THANK ALL MY TIME HOW MUCH YOU, MY DEAR LORD, HAVE GIVEN ME.

OUR DEAR HOLY SPIRIT, FOR WHAT YOU BREATHE WHEREVER YOU WANT, FOR THE FACT THAT YOU INSPIRE AND ADMONISH ME, MY RELATIVES AND FRIENDS WHOM YOU GAVE TO ME, AS WELL AS OTHER PEOPLE WHO COME TO ME TO RECEIVE SUPPORT FROM I THANKED YOU THROUGH ME AND OTHER

PEOPLE, THANK YOU AND I WILL THANK YOU ALL MY TIME, HOW MUCH YOU, MY LORD HOLY SPIRIT, HAVE GIVEN ME.

OUR BELOVED DEAR LORD, OUR DEAR HEAVENLY FATHER, FOR YOUR CARE AND PROTECTION, FOR YOUR KINDNESS AND LOVE, FOR YOUR KINDNESS AND GENEROSITY AND FOR YOUR PATIENCE WITH PEOPLE, THANK YOU AND I WILL ALWAYS THANK HOW MUCH YOU, LORD, ALLOW ME TO LOVE AND I WILL THANK YOU.

OUR BELOVED DEAR LORD, OUR DEAR HEAVENLY FATHER, I AM ESPECIALLY GRATEFUL TO YOU WHEN YOU SAVE ME, BUT I DO NOT KNOW THAT YOU ALREADY SAVED ME, ALTHOUGH I AM SURE OF THAT.

OUR BELOVED DEAR LORD, OUR DEAR HEAVENLY FATHER, FOR EVERYTHING THAT YOU DO PERSONALLY FOR ME AND FOR CHOOSING ME, ACCOMPANY ME AND HELP ME FULFILL MY MISSION THAT YOU INTENDED FOR ME, SINCERELY THANKED, THANK YOU AND I WILL THANK ALL MY TIME HOW MUCH YOU HAVE GIVEN ME.

OUR BELOVED DEAR LORD, BELOVED FATHER, OUR DEAR HEAVENLY FATHER, FOR THE VERY OPPORTUNITY TO CARRY OUT THE SALVATION OF THE HUMAN ESSENCE FOR YOUR JOY AND THE JOY OF THE HOLY SPIRIT AND THE JOY OF YOUR BELOVED SON, THE ONLY BEGOTTEN JESUS CHRIST, IN ORDER TO PRESERVE WHAT I RECEIVED FROM YOU, I SINCERELY THANKED YOU AND I WOULD THANK ALL THE TIME YOU HAVE GIVEN ME.

OUR BELOVED DEAR LORD, OUR DEAR HEAVENLY FATHER, FOR THE VERY POSSIBILITY AND ABILITY THAT YOU GAVE ME WITH MY OWN HANDS AND MY MIND TO EARN MY DAILY BREAD FOR FAMILY MAINTENANCE AND FOR THE EDUCATION OF CHILDREN

AND GRANDCHILDREN AND FOR RESTORATION STRENGTH
DURING THE REST, SINCERELY THANK YOU, AND I WILL THANK
ALL THE TIME YOU HAVE GIVEN ME.

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УТОПІЯ

не для примітивних

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